

WHAT'S HAPPENING

Maryland Association for Family and Community Education, Inc. Newsletter

SEPTEMBER

- All CHARACTER COUNTS![®] Essay & Artwork Contest - Trustworthiness
- Collect 2019 Dues - Membership Drive
- National Literacy Month
- 1 **All County Associations' List of Officers and Committees for 2019 due to State President**
- 5 10:00 AM Maryland FCE Board Meeting, Anne Arundel County Extension Office

OCTOBER

- 7-13 National FCE Week
- 15 Rural Women's Day
- 16 World Food Day
- 14-20 CHARACTER COUNTS![®] Week
- 22-23 Maryland FCE Annual Conference
Best Western, Westminster, Maryland

NOVEMBER

- 1 **LOOK WHAT'S HAPPENING**
deadline for items to Editor
County Membership Dues to State Membership Chairman
- 5 10:00 AM Maryland FCE Board Meeting, Anne Arundel Extension Office
- 18-24 National Family Week

DECEMBER

- 1 State Dues/Membership Forms to NAFCE
- 3 10:00 AM Maryland FCE Board Meeting, Montgomery County Extension Office
- 31 **Counties' Annual reports due to Vice President for Program;**
Membership Appreciation Award due to Vice President for Program

Inside.....

From The President	2
News from the VP for Program	2
News from the VP for Public Policy	2
You are Invited	3
In and Around Maryland	3
Resource Development Committee	4
Bulletin Board	4
Do Not Delay - Pay Today	5
ACWW USA Area Summit 2018	5
All about Apples	6
2018 Membership Form	7
Directions to Annual Conference	8

MARYLAND FCE ANNUAL CONFERENCE

Registration form in Summer issue of "Look What's Happening". See driving directions on page 8.

CHARACTER COUNTS![®] Contest for 2018-2019

Trustworthiness, the first pillar of character, is this year's focus. Contact your local schools (county presidents have the information) and encourage them to participate in the FCE essay and artwork contest from September 1, 2018 to January 31, 2019. Send winning entries to the state president by March 1, 2019.

MDFCE Web Site is www.mdafce.org

Send new officer's list, newsletters, calendars and information to Libby Wade at dunade@aol.com.

Newsletter Deadline: November 1

Send all articles, Bulletin Board items, address changes and trivia for the newsletter to: Jean Purich, 15500 Gallaudet Ave, Silver Spring, MD 20905-4196 or email at jcpurich@cs.com.

FROM THE PRESIDENT

Summer is done. Fall is coming. School has started and the leaves will be changing to bring on the fantastic kaleidoscope of colors. My highlight of the summer was attending my High School reunion. I can't believe it was my 50th. I went to Bethesda-Chevy Chase High School here in Maryland. It was the first reunion I had attended. My best friend who now lives in North Carolina talked me into it. I really enjoyed learning about all of the different directions my classmates have taken. We especially liked remembering what a different time it was. We decided that it was time to bring back some of the old traditions. The one that I enjoyed the most was our family dinners. It was very much like the Sunday dinners that we see on the TV show, Blue Bloods, except of course, ours was every day. We would talk about our day, what we had done and what we had learned. I wonder how many families continue this tradition. Make time for family! Make time for continuing to communicate! Make time for Love!

Libby Wade, President
dunade@aol.com



301-831-8661

NEWS FROM THE VICE PRESIDENT FOR PROGRAM

I hope you are all planning to come to the Fall Conference. The state board has been working very hard to give you the programs you want and I believe we have come up with some really good ones. There will be a speaker on the Muslim culture, a program on scams to watch out for, one on Maryland history, a program on physical balance, which many of us have problems with as we grow older, and several others including some of those given at the National Conference held in July. ACWW USA Area President Jo Almond will be joining us to tell us about the ACWW Triennial coming up in Melbourne, Australia in April, 2019. There will also be a simple craft to enjoy making. There will be something for everyone, so please

come and have a good time! You'll find the registration form in the Summer LWH issue or on line and more information elsewhere in this issue. See you there!

Sue Van Slyke
okgunfight@aol.com 301-630-3918.

NEWS FROM THE VICE PRESIDENT FOR PUBLIC POLICY

The current state of public policy aimed at helping our citizens is pretty confusing and unorganized at this time. One day you hear one thing and the next day what you heard is turned around 180 degrees! First, the Russians interfered in our election process in 2016 and our intelligence services tell us it is so. Then, our President says no way and doesn't believe our own intelligence services. This causes our citizens a lack of confidence in their own government. Then, the other day, our President admits the Russians did use cyber tactics to interfere. Still, he wants to make close relations with Russia and Putin, because Putin is a good guy. The "topsy-turvy" state of our politics results in the inertia in our Congress and Senate. This day-to-day change in public policy freezes the work and progress in our legislative bodies which results in laws not being passed and the good of the people not being attended to. We can only hope that the voters who voted in the current candidates, will think hard when they vote in November and make better choices for the citizenry of this country. The time for change and for a more orderly policy that doesn't flip-flop like a fish out of water is now before any more damage is done to our citizens, our relations with our allies, and our election system. Remember to vote in November.

Debra Rausch, VP for Public Policy
rauschda@gmail.com 301-498-8806



**REMEMBER THESE?
Have you filled your
bottle? Bring your "filled"
bottle to the conference
and we will count the
dimes!!!**

Directors meeting. We are in the process of determining the presentations for the Spring and Fall county meetings and the monthly lessons for next year.

Plans are already in the works for our Holiday Activity on Tuesday December 5th. The Johnsville Club will host this event.

Donna Bowles 301-473-8452
donnabowels1@comcast.net

MONTGOMERY COUNTY

Montgomery County presented four booths at the Montgomery County Fair featuring “FCE Blanket Making”, “Be Wise - Exercise”, “Spotlight on Bulbs (lightbulbs)”, and “Save our Earth – Protect our Bees”. We distributed information about FCE, FCE programs, troop support and blanket making.

Four members attended the National FCE Meeting in Austin, Texas. The meeting kicked off with introduction of the national board and the state presidents. Some of the topics of discussion were “How Does Aging Affect my Senses?”, Someone’s in the Home...Eating Healthy Foods, Wills, Trusts and Funerals, Grow as a Volunteer, and Stop This Epidemic Now: Opioids.

On September 17th at 11AM, Steve LaRouque will portray Ernie Pyle, one of the first embedded war correspondents, at the Agricultural History Farm Park (MC Extension Office). All are invited (husbands too).

We are also getting ready for the Harvest Festival held at the Agricultural History Farm Park on October 6th. We sell handmade items, crafts and baked goods to raise money for scholarships.

Jeanne Purich 301-384-2805
jcpurich@cs.com

PRINCE GEORGE’S COUNTY

The summer is almost gone. Each year seems to fly by quicker. The best time we had as a small group was spent at Butterflies and Wishes, a tea room, located at Chesapeake Beach, for our Spring Luncheon. Ten of us were present and the tea and company were delightful! We hosted the state board in August and will start preparing our baskets for the state conference soon. Everyone is

busy and running in several directions. Sue has been on the road a lot this summer and we look forward to hearing her reports on her activities. We are still looking for new members and hope the current ones stay well and happy. Sharon is sticking in there. Frances is living in new digs and loving it. Marie is taking time to enjoy being home. Barbara is taking care of herself and her son. Debbie is taking everything one day at a time. It seems as if the bulletin board has become our club news, lately, but we will see what the fall brings for news and new activities! Have a wonderful rest of the summer and enjoy the fall!

Debra Rausch, Treasurer, PGCAFCE
rauschda@gmail.com 301-498-8806

Resource Development Committee Basket Sales

The Resource Development Committee is holding a basket sale at the State Conference. Each county will provide two smaller baskets, one based on a holiday and one based on a color. The theme of the baskets available for auction will be: 4th of July and a green basket (Carroll), Halloween and a blue basket (Frederick), Christmas and a yellow basket (Montgomery), Thanksgiving and a red basket (Prince George’s).



Thank you for your support!

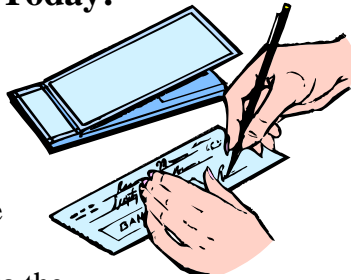
Linda Parker, RDC Chairman
ellecreek2003@yahoo.com 301-898-9222

Bulletin Board

Ethel DeHaven, Montgomery County is recovering from knee replacement.

Do Not Delay – Pay Today!

In September, we return to scheduled activities and it is time for us to pay our FCE dues for 2019. All dues must be paid to club treasurers in September and forwarded to the county treasurers by October.



Every member is required to fill out a 2019 Membership Form. The 2019 Membership Form is printed in this newsletter. Please tear it out and using black ink type or clearly print the information requested at the top of the page. Do not use abbreviations. Enter your 9 digit zip code **and your email address**. Your “Current Member I.D. #” is printed on your FCE Membership Card.

In the dues box circle your membership status: individual, family, or senior. Fill in the appropriate dues for your county and your club as they vary throughout the state. Total the column.

The last item – the **Member Signature** at the bottom of the page must be the signature of the individual named at the top of the page.

Note the box above the Member Signature line. This should be checked by individuals who have never been affiliated with FCE. At the bottom of the page add “recruited by” and give the name and address of the member who introduced the new member to FCE.

SPECIAL PRIZE – Each new member and her recruiter’s name will be placed in a drawing for full registration payment for the 2019 Maryland Annual Conference Meeting. The more members you recruit – the more chances you will have to go to the meeting for free!

Thank you for taking the time to read through this article and for neatly and correctly filling out the 2019 Membership Form. Take the form and your check to your September meeting. If you will not be attending the meeting, please mail them to your treasurer now. We need to have all of our Maryland FCE members accounted for by September 30! Please contact me, if you have any questions.

Martha Moser, Membership Chairman
500 Pearson Circle #2007, Frederick, MD 21702
240-651-1531 or mcatmoser@aol.com

ACWW USA Area Summit 2018

The ACWW USA Area Summit was held at the Crowne Plaza Hotel in Indianapolis on June 24-26, 2018, with 30 people from 12 states in attendance. It began with a reception held on Sunday evening. The meeting was opened on Monday morning with a welcome, introductions and an address by Mrs. Ruth Shanks, ACWW World President.

Andy Shaffer, president of Shaffer Entertainment, then spoke on “Helping Your Community Locally”. Mr. Shaffer described how his company has a group of volunteers called “Charity Newsies” who sell newspapers to raise money for their projects. Among other things, they provide new clothes for needy school children – spending \$150 for each child, support childhood cancer services, and support an organization called Canine Companions. A discussion followed on how we can help locally, nationally, or globally.

After this Jo Almond, Area President, gave some information about the upcoming Triennial. There will again be a choir, and the attire for the USA attendees will be a white jacket, red top, and navy blue skirt or pants.

Talks on the United Nations Commission on the Status of Women, Zero Hunger Campaign and a time of fun and friendship completed the day.

Tuesday began with a look at “How IEHA partners with their land grant university to work within our communities, nationally, and globally”, followed by Resolutions and Recommendations, and an explanation of the difference between the two. This was followed by a program on human trafficking by Pastor Hubert Nolan, the director of Hope Center, which supports women who are recovering from being victimized by providing education, food, shelter, and mental health services. We learned that some are trafficked by their own families for money for food, lodging, etc. and that many children in foster care, both girls and boys, are victimized as they age out of the system at age 18 with no place to go and so fall prey to the traffickers. Young girls and boys are referred to as “fresh meat” and in one hour there were 146 requests for “fresh meat” on the Internet.

I felt it was a very worthwhile meeting and I was glad I was able to attend.

Sue Van Slyke

All about Apples

- The crabapple is the only apple native to North America.
- Apples come in all shades of reds, greens, and yellows.
- 2,500 varieties of apples are grown in the United States.
- 7,500 varieties of apples are grown throughout the world.
- 100 varieties of apples are grown commercially in the United States.
- Apples are grown in all 50 states.
- Apples are fat, sodium, and cholesterol free.
- A medium apple is about 80 calories.
- Apples are a great source of the fiber pectin. One apple has five grams of fiber.
- The pilgrims planted the first United States apple trees in the Massachusetts Bay Colony.
- Apple trees take four to five years to produce their first fruit.
- Most apples are still picked by hand in the fall.
- Apples are a member of the rose family.
- Apples harvested from an average tree can fill 20 boxes that weigh 42 pounds each.
- The largest apple picked weighed three pounds.
- The average size of a US orchard is 50 acres.
- Charred apples have been found in prehistoric dwellings in Switzerland.
- Most apple blossoms are pink when they open but gradually fade to white.

Varieties

Golden Delicious

Golden Delicious has firm, white flesh and sweet crisp flavor. It is the preferred "all purpose" cooking apple since it retains its shape and rich, mellow flavor when baked or cooked. Its skin is so tender and thin that it doesn't require peeling for most recipes. Golden Delicious is very good in fresh salads and freezes well.



Fuji

Fuji's spicy, crisp sweetness and firm flesh make it an excellent fresh eating apple. It's also good in baking or applesauce and stores well. Fuji flavor improves in storage like fine wine. Fuji skin color varies from yellow-green with red highlights to very red. It was bred from a cross between Red Delicious and Ralls Janet varieties in Japan.



Gala

Gala is one of my absolute favorites for fresh eating. It is heart-shaped with distinctive yellow-orange skin with red striping. Gala is just the right size for snacking and is great in salads, good for baking and very good in applesauce.



Braeburn

Braeburn has high impact flavor. The crisp, aromatic Braeburn blends sweetness and tartness just right for snacks and salads. It's also good in baking, applesauce and for freezing. Braeburn color varies from greenish-gold with red sections to nearly solid red. Braeburn was discovered as a chance seedling near Nelson, New Zealand in 1952. Its probable parents are Lady Hamilton and Granny Smith.



Granny Smith

Granny Smith has crisp mouth-watering tartness. Bright green Granny Smith has a pink blush. Its tartness really comes through when baked and sautéed.



Jonagold

Jonagold is a blend of Jonathan and Golden Delicious apples, offering a unique tangy-sweet flavor with firm flesh. Jonagold is excellent both for eating fresh and for cooking.



Winesap

Winesap is the apple with old-fashioned flavor. Winesap has a spicy almost wine-like flavor that makes it the cider maker's first choice. Violet red in color, it's great as a snack and in salads.



Arkansas Black

Arkansas Black is well named with a deep red, almost black skin. It is rock hard, sweet and tart and a long storage apple.



Rome

Rome is the baker's buddy. Its mild flavor grows richer when baked or sautéed. Rome has smooth, blazingly red skin with sweet, slightly juicy flesh.



Snapdragon® (new)

A new New York apple characterized by "monster crunch." One of its parents is the Honeycrisp, and you'll love the spicy/sweet flavor. Along with RubyFrost®, SnapDragon is one of two exciting new apples that were 10 years in the making and developed by Cornell University's apple breeding program.





2019 Membership Form
*****Type or Print Clearly in ink*****

*****Do Not Abbreviate City, County, Street or State Names*****

Date _____ Current Member ID# _____ Email _____

First Name _____ M.I. _____ Last Name _____

Mailing Address _____

City _____ State Maryland _____ Zip Code+4 _____

Phone No _____ County of Residence _____

Club Name _____ Club County _____

Family Membership: (Please list) Spouse Name _____

Dependent Child(ren) _____

Dues	Individual	Family	Senior (80+ years)
National	\$ 20.00	\$ 30.00	\$16.50
State	3.50	7.00	3.50
Council/County/Parish			
Club			
NAFCE Donation for Liability Insurance (Suggested \$7.00)			
Total			

Sign and send with total membership dues to Club Treasurer by **September 30, 2018**

New Member (Never belonged to FCE before)

Member Signature _____

Must be original signature, copies will not be accepted

Mission...To strengthen individuals, families, and communities
 through continuing education, developing leadership, and community action.

Directions to Annual Conference

Best Western Hotel

451 WMC Drive, Westminster, MD, 21158

Phone: 410-857-1900

October 22 and 23, 2018

From East and South:

Take 32 west to Route 140 east, the BEST WESTERN Westminster Catering and Conference Center will be on your right-hand side.

From the North or West:

Take 97 south to Route 140 West and the BEST WESTERN Westminster Catering and Conference Center will be on your left-hand side just past Route 31.



Maryland Association for
Family and Community Education
15500 Gallaudet Avenue
Silver Spring Maryland 20905



