FALL 2010

L00K

WHAT'S HAPPENING

Maryland Association for Family and Community Education, Inc. Newsletter

SEP.	LEMBER	Inside	
All	Character Counts Essay & Artwork Contest	From The President	2
	Collect 2011 Dues-Membership Drive	News from the VP for Program	2
	National Literacy Month	Public Policy Notes	3
1	All County Associations' List of	Resource Development Committee	3
	Officers and Committees for 2011 due	Call for Bylaw Changes	3
	to State President	In and Around Maryland	3
13	10:00 AM Executive Committee Meeting,	Do Not Delay - Pay Today	5
	Anne Arundel Extension Office	Directions to Regional Meetings	6
15	Deadline for Region II Meeting	2011 Membership Form	7
27	Region II Meeting, Montgomery County	ACWW Report	8
	Extension Office, Derwood MD	1	

OCTOBER

- 1 Deadline for Region I Meeting
- 4 10:00AM Executive Committee Meeting, Anne Arundel Extension Office
- 10-16 FCE Week
- 13 Region I Meeting, Cumberland Country Club, Cumberland, MD
- 15 Rural Women's Day
- 16 World Food Day

NOVEMBER

- 1 LOOK WHAT'S HAPPENING deadline for items to Editor Membership Dues to Martha Moser, Membership Chairman
- 1 10:00AM Maryland FCE Executive Board Meeting, Montgomery County Extension Office. ALL county Presidents or voting representatives must attend.

DECEMBER

- 1 State Dues and Membership Forms to NAFCE
- 6 10:00 AM Executive Committee Meeting, Anne Arundel Extension Office
- 31 Counties' Annual reports due to Vice President for Program; County Presidents' Reports due to President; Membership Appreciation Award due to Vice President for Program

REGIONAL MEETINGS

See details for registration on Page 6. See additional driving directions in your Summer newsletter.

Character Counts Contest for 2010-2011

Caring, the fifth pillar of character, is this year's focus. Contact your schools (county presidents have the information) and encourage them to participate in the FCE essay and artwork contest from September 1, 2010 to January 31, 2011. Winning entries should be sent to the state president by March 1, 2010.

MDFCE Web Site is www.mdafce.org

Send new officer's list, newsletters, calendars and information to Libby Wade at dunade@aol.com.

Newsletter Deadline: November 1

Send all articles, Bulletin Board items, address changes and trivia for the newsletter to: Jean Purich, 15500 Gallaudet Ave, Silver Spring, MD 20905-4196 or email at jcpurich@cs.com.



FROM THE PRESIDENT Networking For FCE – 2010

I attended the 74th National FCE Conference July 15 – 18, 2010 in Grand Rapids, Michigan. The theme was "Blossom with FCE". It was held at the Hilton Grand Rapids Airport Hotel. It was a wonderful trip experience. Seven members from MD FCE attended. The hotel and food were excellent! I went a day ahead for State President's Day. The National FCE Board and FCE State Presidents went on a bus tour and after a slide show, toured the Meyer May House designed by Frank Lloyd Wright and then to the Meijer Garden and Sculpture Park for a tour by tram. We were treated to a boxed lunch and then given time to walk in the gardens and visit the gift shop.

The State voting delegates rehearsed for opening ceremonies and had an informal preliminary business meeting to ask questions on the agenda, budget, bylaws or other issues.

The Conference opened at 7 PM Thursday evening. National FCE Board Alumni escorted us to the stage with our state flag. Harriet Steenson, a past National FCE President, gave our keynote address entitled "To Fly with the Eagles, you have to Get Off your Nest", learning through FCL or other lessons. There was a reception to meet the National FCE Board in the President's Suite. As required by our National FCE bylaws, delegates voted on the minimum of a 50 cent raise in dues. A proposal was made by a special committee appointed to study ideas on a fund to honor FCE members. Membership forms are to be sent to National Headquarters not to the NAFCE treasurer. Nominees for positions sent in and made from the floor were voted on. Judy Fullmer, acting FCE National President moved into the Presient's position. Susan Martell, Vice-President for Program, Kay Baker, Vice-President for Public Policy and Marcie Price, Treasurer were voted in.

An Awards Luncheon was held for Character Countssm, Heart of FCE and first timers. A play featuring FCE Friends, written by the late Bettie Lucas, "Memories in the Attic" was enjoyed by all at FCE Night.

The USA ACWW Area President, Beverly Earnhart, was guest speaker. Conducting an FCL

Institute was led by Bonnie Teeples, Vice-President for Public Policy and FCE members from Tennessee and Hawaii. FCE members from Michigan were hosts for the Spirit of Michigan luncheon. An FCE Leadership Benefit Dinner was held with entertainment from a Michigan FCE member, Joyce Weiss, who sang.

An Inspirational Breakfast service to honor deceased National FCE Board Members and State Presidents was held. Afterwards general brainstorming session on membership was held with a National FCE Board Member at each table.

The Closing session and Banquet with Installation of New Officers was conducted. A Powerpoint® preview of the 2011 conference to be held in Denver, Colorado was presented. 2010 Program Awards and Recognitions for Books and Display Boards were announced. Members wrote memories which were published in a memory book.

Come to the Maryland FCE Regional meetings to view the photos and materials from the 2010 National FCE Meeting and enjoy some interesting programs!

Marie Moeller, President mariemoeller@yahoo.com 443-964-8315

NEWS FROM THE VICE PRESIDENT FOR PROGRAM

Seven Maryland FCE members recently attended the 2010 National Conference in Grand Rapids, Michigan. It is always interesting talking to FCE members from all over the country and learning what their successful projects have been. A variety of programs were presented at the conference including such topics as:

The Secret Among Us Start Your Engine How to Conduct an FCL Institute ACWW

Tune Into Books

From the Garden to the Table Your Maryland FCE Board is using some of this material to prepare programs to be presented at our upcoming Regional Meetings.

We hope many of you are planning to attend these meetings. We look forward to seeing you.

Evelyn M. Ziegler, Co-VP for Program ziegler@comcast.net 410-465-3587

PUBLIC POLICY NOTES

Medicare benefits will remain the same. If you are entering your "donut hole" year, you will receive a one-time rebate check of \$250 if you are not already receiving Medicare Extra Help.

The new law provides affordable health insurance through a transitional high-risk pool program for people without insurance due to a pre-existing condition. Insurance companies will be prohibited from denying coverage due to a pre-existing condition for children starting in September and for adults in 2014. Insurance companies cannot establish lifetime limits on your coverage and use of annual limits will be limited starting in September.

The FDA is close to approving the sale of genetically modified salmon. These are quick-growing Atlantic fish raised in farms.

Aquaculture is a large business with nearly half of all fish consumed worldwide being farm raised.

One columnist writes that there should be a media blitz so that ordinary folks can alert their fellow consumers about shady, predatory and illegal schemes. With more and more complaints arising and fewer people to handle these complaints, we need to help each other become aware of scams.

Marilyn Simonds, VP for Public Policy mjsimonds@verizon.net 301-871-1609

Oh Those "CERTIFICATES!"

What to do about all those certificates you have received from years of attending FCL programs at national, regional or state meetings? You will learn what to do with them at our regional meetings this fall. Bring all your certificates to the meeting and the board will give you step by step instructions. So start looking in all the places you have stashed those pink, yellow and white papers because it won't be meaningful if you don't get all those certificates together for the regional meetings.



Resource Development Committee Bake Sale at Regional Meetings

The RDC is holding a bake and candy good sale at the both regional meetings. We are asking for all members to bring a baked good or candy to sell. Place all goodies in gallon, quart or snack size zip lock bags. Whole or half cakes, 2 pk brownies, 1/2 and 1 dozen cookies. Candies should be in snack size bags. Thank you for support!! Michelle Close, RDC

Call for Bylaw Changes

There are no bylaw changes that need to be made because of changes made in the National Bylaws. However if there is something that you have noticed that needs to be up-dated, please let me know at the Regional Meetings coming up this fall. The changes will need to be discussed, rewritten and notice sent to all counties sixty days before they can be implemented. Let me hear from you.

Marilyn Simonds, Chairperson Bylaw Committee



In Memory of Virginia Lloyd, PGCFCE and Nina Smith FCFCE.

Congratulations to Glenna Burgess,
PGCFCE on being the 2010 Heart of FCE winner.
Keep John Bilsky PGCFCE in your
prayers. He has a kidney problem.

IN AND AROUND MARYLAND

ALLEGANY COUNTY

We cordially invite all FCE members and their guests to attend our Annual Meeting/Luncheon at 12 noon on Monday, September 13 at the Cresaptown United Methodist Church, Route 220 in Cresaptown. The cost is \$10.00. Checks should be made payable to Allegany County FCE and mailed to: Diane Lynch, 14 Roselawn Avenue, LaVale, MD 21502 no later than September 3rd. Please call Diane, 301-729-2693, if this deadline cannot be met and she may be able to accommodate you. Louise Ediger will

be installing our upcoming officers and our members will provide entertainment. We will not be having our usual auction at this meeting since it will be held at the October 13th Regional meeting

ANNE ARUNDEL COUNTY

Ten Anne Arundel County members were busy making twenty-nine fleece pillowcases that were donated to the Children's Deptartment at Baltimore Washington Medical Center.

The pillowcases had designs of crabs, dogs, animals, and flowers. They were washed and individually wrapped for the young cancer patients to use and to take home with them.

There was much gratification in making these and we plan to do it again soon.

Harmans Association for Family Community and Education (HAFCE)

Harmans FCE is a small group of ten active members and we strive to work to share our abundance with others. We are so grateful for the opportunity to give back to our community.

One way we give back to our community is through the **North County Emergency Outreach Network (NCEON).** This is an organization that helps people in need obtain food and other means of assistance. This is something very dear to our members and monthly we purchase and send food to help with this program. During the past year we donated \$1,024.92 worth of food. Members bring food to our meetings and we also purchased food from our charity fund.

Some of the ways we earned money for this charity endeavor was to have a Mystery Auction at our Christmas party and the proceeds went to this charity fund. Another way was instead of exchanging gifts at Christmas and our annual birthday party, we donated the amount that we would have paid for gifts to the charity fund. The rest of the money needed for the purchase of food was donated by the members.

During the year we donated 28 pounds of dried beans to the Baltimore Rescue Mission to help feed the homeless at the Baltimore Soup Kitchen.

From January to March we collected 4,384 soda tabs for Ronald McDonald House. They use the proceeds from the aluminum to build new houses. This is an ongoing mission for us.

We are thankful for our many blessings and the opportunity to help others and our community.

Shirley J. Andrzejewski, Secretary, HAFCE

FREDERICK COUNTY

Frederick County FCE members have enjoyed club picnics, lunches at different restaurants in the county, a visit to the Edgewood Tea Gardens at Myersville and enjoying 4-H demonstrations. Regular club meetings will start in September. All members will be meeting at the 4-H Camp Center September 14th. Members should bring a dish to share, an item for the spirited auction and hear a wonderful program on making soap.

Books were collected by members will be given out Friday at the Great Frederick Fair. Clubs have a special booth in the Home Arts Building where they do demonstrations and tell the attendees about our organization.

We were saddened by the death of long time FCE member Nina Smith on June 30th. Nina was the mother of Sandy Corridon, former Frederick County Consumer Science Educator and also at the University of Maryland as the 4-H Administrator. Nina was very active in her club as long as her health permitted. Nina was the grandmother of the trio from the same family who belonged to the Lewistown FCE Club, namely Nina Smith, Sandy Corridon and Heather Corridon-Crum.

MONTGOMERY COUNTY

Montgomery County presented four booths at the Montgomery County Fair featuring The Linus Project, "Reuse, Recycle" (using items that may be discarded in new ways) "Exercise your Options" and Look-A-Likes". We distributed information about FCE and our other projects.

Three members attended the National FCE Meeting in Grand Rapids, Michigan. The meeting kicked off with introduction of all State presidents and a reception with snacks provided by Michigan FCE Members. Some of the topics of discussion were the role ACWW, importance of literacy (books), and rejuvenating and keeping yourself healthy.

PRINCE GEORGE'S COUNTY

August always has a bittersweet quality with all the kids going back to school so early. By the third or fourth week of August, most kids are back in school, even at the college level. We can already see summer coming to a close and I hate to see it end. It's our last chance to enjoy some vacation time, be with our kids, or just relax on our own. The weather is still pretty but will get cooler all too soon, and it will be fall. Please take the time to enjoy the last of summer while it's still here!!

On June 1st, we held our Spring Tea again this year at The Royal Tea Room. It was a tremendous success and out of our several guests, we gained a new member. Welcome Liz Gordon, we are very lucky to have you.

Maryland Sewing and Vacuum Center (MSVC) in Clinton, Maryland was the home for an exemplary feat of community service this summer.

During a monthly Embroidery Club meeting in the spring at MSVC, Sharon Adamoyurka mentioned that her local Chapter of the Maryland Association for Family and Community Education (MDAFCE) were making pillowcases for "ConKerr Cancer: A Case for Smiles" [A project with a simple clear mission to make life brighter for children with life changing illnesses and injuries by presenting them with a pillowcase during their hospital stays] and if anyone was interested in donating extra material or possibly a pillowcase to bring it to the next Embroidery Club meeting. The result at the following meeting was an outpouring of generosity evidenced by the giving of many beautiful pillowcases.

It just so happened in the month that followed MSVC took the challenge from their Baby Lock distributor to "Dress a Girl Around the World" [A project to provide a single dress for a child who may otherwise be wearing a paper bag or nothing at all] and guess what the dresses were made from. You guessed it, pillowcases.

MSVC had a one day class on making these adorable dresses and from there this project took off like wild fire. The member of MDAFCE in Prince George's County went back to her local chapter of friends and taught Deb Rausch to make a dress who then taught her daughter Alicia

Rausch. Sharon Adamoyurka told Jeanne Purich, a member of Montgomery County FCE who then had a one day seminar on pillowcase dresses making almost 40 that day alone. Geri Ford of MSVC Embroidery Club took her show on the road to the Andrews Air Force Base Chapel Wednesday Quilters who also turned in a great many dresses. In total MSVC mailed off 132 gorgeous dresses this July.

Our informal summer meetings in July and August were very successful. Sew News has teamed up with the American Friends of Cecily's Fund to help raise money for the cause with Operation Orphan Education. They're asking us to create a reusable grocery tote to be auctioned off at events and the money will go to help the Aids orphaned children of Zambia. Sue Van Slyke has not only brought this worthy project to our attention but has been teaching us how to make them. Wahoo, thank you Sue.

Our Trash to Treasure project started by Sharon Adamoyurka is really going well. It is true that one man's Trash can be someone else's Treasure. Simply by bringing in things we need to part with has made us quite a bit of money to send to Operation Smile.

On the 1st of August we had the privilege of hosting the Maryland State Board Members monthly meeting [several members of the board traveled many miles to be here with us]. We learned a great deal and were able to meet the board on a more personal level. We had a lovely potluck after the meeting and now it seems even more people know PG County has a bunch of great cooks. At this time we would also like to thank the Clinton Extension Office and the 4-H personnel for all their encouragement, smiles and friendship during our years in Clinton. We especially would like to thank Lenore Harper from the 4-H office for providing such lovely favors [stuffed goody bags] to all the FCE members present; except for Marie Moeller [giggle, giggle] cause she was a bad girl. Only kidding Marie, your bag is at the Extension Office waiting for you.

Even though the Region I an II Meetings are a little in advance of Halloween this year, the **PGAFCE Halloween Challenge is still on.**There will be an award for most Original and Funniest costume. Let that inner child come out for the all world to see.

Do Not Delay - Pay Today!

In September we return to scheduled activities and it is time for us to pay our FCE dues for 2011. All dues must be paid to club treasurers in September and forwarded to the county treasurers by October.

Every member is required to fill out a <u>2011</u> Membership Form. The 2011 membership form is printed in this newsletter. Please tear it out and using black ink type or clearly print the information requested at the top of the page. Do not use abbreviations. Enter your 9 digit zip code and your E-mail address. Your "Current Member I.D. #" is printed on your FCE membership card.

In the Dues box circle your membership status: individual, family, or senior. Fill in the appropriate dues for county and clubs as they vary throughout the state. Total the column.

The last item – the Member Signature at the bottom of the page must be the signature of the individual named at the top of the page. New Members

Note the box above the Member Signature line. This should be checked by <u>individuals who</u> have never been affiliated with FCE. At the bottom of the page add "recruited by" and give the name and address of the member who introduced the new member to FCE. The member will receive a gold star pin from National FCE.

SPECIAL PRIZE – Each new member and her recruiter's name will be placed in a drawing for full registration payment for the 2011 Maryland Annual Conference. The more members you recruit – the more chances you will have to go to the conference for free!

Thank you for taking the time to read through this article and for neatly and correctly filling out the 2011 Membership Form. Take the form and your check to your September meeting. If you will not be attending the meeting, please mail them to your treasurer now. We need to have all of our Maryland FCE members accounted for by September 30th! Please contact me, if you have any questions.

Martha Moser, Membership Chairman 7436 Round Hill Road Frederick, MD 21702 301-371-6132

Region II Meeting September 27, 2010

Host: Montgomery County FCE

Location: Montgomery County Extension Office

14810 Muncaster Rd (301-590-9638)

Derwood, MD 20855

Registration begins at 9:30 AM, Danish, coffee/tea Cost - \$20.00 Chicken breast and Jasmine rice. Reservation payment deadline: **September 15**

Make check payable to:

Montgomery County FCE and send to:

Marilyn Simonds 301-871-1609 13708 Lionel Lane Rockville, MD 20853 *From I-270*: Exit onto I-370 towards the

Shady Grove Metro Station (not Sam Eig Highway). Continue on I-370, exiting onto Shady Grove Road EAST (last exit before the Metro Station). Stay on Shady Grove Road for approximately 1.5 miles. Turn right onto Muncaster Mill Road. Turn left at the first stoplight (about ¼ mile) onto Muncaster Road. Proceed 1.3 miles from the intersection and turn left into the Agriculture History Farm Park

Region I Meeting October 13, 2010

Host: Allegany County FCE

Location: Cumberland Country Club (301 724-0440)

10200 Country Club Rd. Cumberland, MD 21502-8333

Registration begins at 9:30 AM, Danish, coffee/tea Cost - \$20.00 (sit down lunch) Chicken salad platter Reservation deadline: **October 1** Make check payable to:

Allegany County FCE and send to: Diane Lynch Tele: 301-729-2693 14 Roselawn Avenue LaVale, MD 21502

Directions to the Cumberland Country Club:

- 1. Route 68 West.
- 2. Exit 44 (Willowbrook Rd./Allegany College)
- 3. At end of exit go left to Willowbrook Road.
- 4. Continue on Willowbrook for 1/2 mile.
- 5. Make a left on Country Club Road.
- 6. Continue on Country Club Road for 1 mile.
- 7. Turn right on Carrol Boggs Road (Cumberland Country Club sign).
- 8. Continue up road 4/10 mile, passing golf course.
- 9. At the top, follow "Keep Right" sign.
- 10. Pro shop will be on the right with parking on right or left.
- 11. The "club" is the next building.
- 12. If there is no parking at the pro shop just continue past the "club" for more parking.





2011 MEMBERSHIP FORM ***Type or Print Clearly*** ***Do Not Abbreviate City, County, or State Street Names***

ame	M.I	Last l	Name	e				
ng Address								
y		State				Zip Code		
ncil		Club Name						
e No								
ly Membership: (Please list)	Dep	endent Child	d(ren))				
	(Cir	cle Type of	_		<u>) </u>	<u>, , </u>		
Dues		Individual		Family		Senior		
Dues		Individual		Family		(80+ years)		
Dues National	\$	19.00		24.50	\$			
National State	\$ \$		\$	•		(80+ years)		
National		19.00	\$	24.50	\$	(80+ years) 15.80		
National State		19.00	\$	24.50	\$	(80+ years) 15.80		
National State Council/County/Parish		19.00	\$	24.50	\$	(80+ years) 15.80		
National State Council/County/Parish Club and send with total member	TOTAL ership dues	19.00 3.50 to Club Tre	\$ \$	24.50 7.00 er by Se	\$ \$ eptem	(80+ years) 15.80 3.50		
National State Council/County/Parish Club and send with total member	* \$ TOTAL	19.00 3.50 to Club Tre	\$ \$	24.50 7.00 er by Se	\$ \$ eptem	(80+ years) 15.80 3.50		

MISSION...To strengthen individuals, families, and communities through continuing education, developing leadership, and community action.

ACWW REPORT

International Day of Rural Women – October 15 World Food Day – October 16 International Day for Eradication of Poverty – October 17

October 15th has been declared by the UN as International Rural Women's Day. This important day was started in 1995 during the Beijing Conference on Women to honour rural women. It is no coincidence that International Rural Women's Day is followed by World Food Day, October 16th and the International Day for the Elimination of Poverty, October 17th. When Rural Women succeed to their rightful place, world food production will increase and poverty will decrease.

Rural women continue to suffer from discrimination within states, communities and families. They suffer discrimination and are prevented from the rights of full citizenship. Rural women lack access to education, adequate health care, proper employment and lack the opportunity to own land or obtain microcredit. While rural women

toil for many hours in their fields to provide for their families they are often undernourished as they are the last ones to eat.

The UN "Convention on the Elimination of all Forms of Discrimination against Women" is the only human rights instrument that specifically addresses this situation of rural women. Some progress is being made but it is slow.

The Millennium Development Goal 3 promotes Gender Equality and the Empowerment of Women. It is noted that to invest in the empowerment of women is to invest in all eight Millennium Development Goals. Women are recognized as the "Multipliers in Development".

During International Rural Women's Day 2010, I encourage each member society, and each individual to remember your fellow rural women who are less fortunate. Let us commit to keeping our governments aware of the need for change in rural communities. Let us commit to supporting rural women and girls to reach their aspirations of education, proper nutrition, good health care and acceptance as full citizens.

(From the ACWW website www.acww.org.uk

Maryland Association for Family and Community Education 15500 Gallaudet Avenue Silver Spring Maryland 20905

