FALL 2009

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WHAT'S HAPPENING

Maryland Association for Family and Community Education, Inc. Newsletter

SEPTEMBE	R
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All	Character Counts Essay and Artwork
	Contest
	Collect 2010 Dues-Membership Drive
	National Literacy Month
1	All County Associations' List of
	Officers and Committees for 2010 due
	to State President
15	Early Bird Registration deadline for
	MDFCE Conference
20-23	ACWW Area Meeting hosted by CWC,
	Des Moines, Iowa

OCTOBER

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- 5 10:00AM Executive Committee Meeting, Anne Arundel Extension Office
- 15 Rural Women's Day
- 26-28 MD FCE Annual Conference, Dunes Manor Hotel, Ocean City, MD

NOVEMBER

- deadline for items to Editor

 Membership Dues to Martha Moser,

 Membership Chairman
- 2 10:00AM Executive Committee Meeting, Anne Arundel Extension Office

DECEMBER

- 1 State Dues and Membership Forms to NAFCE
- 7 10:00 AM Executive Committee Meeting, Anne Arundel Extension Office
- 31 Counties' Annual reports due to Vice President for Program; County Presidents' Reports due to President; Membership Appreciation Award due to Vice President for Program

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MDFCE ANNUAL CONFERENCE

You can still register for the **EARLY BIRD FEE** for the Maryland FCE Conference to be held at the Dunes Manor Hotel, Ocean City, MD on October 26th, 27th, & 28th.

Character Counts Contest for 2009

Fairness, the fourth pillar of character, is this year's focus. Contact your schools (county presidents have the information) and encourage them to participate in the FCE essay and artwork contest from September 1 to December 1, 2009. Winning entries should be sent to Marie Moeller by February 1, 2010.

MDFCE Web Site is www.mdafce.org

Send new officer's list, newsletters, calendars and information to Libby Wade at dunade@aol.com.

Newsletter Deadline: November 1

Send all articles, Bulletin Board items, address changes and trivia for the newsletter to: Jean Purich, 15500 Gallaudet Ave, Silver Spring, MD 20905-4196 or email at jcpurich@cs.com.

FROM THE PRESIDENT



Networking For FCE – 2009

Enjoy an Ocean City, MD Vacation Getaway! Amenities include an Oceanfront room with a private balcony, hotel restaurant and lounge, complimentary afternoon tea and cookies, heated indoor pool, Jacuzzi, refrigerator, microwave and coffee maker, one block from the boardwalk, sandy beach, plus exciting programs, speakers, meals and 2 nights lodging for \$75 each (double occupancy or \$125.00 for a single room) for FCE members staying at the hotel. See complete registration form in the Summer 2009 newsletter or on the web. What a bargain! Early bird deadline is September 15 and cutoff Oct. 10.

Ethel DeHaven, Marilyn Simonds, Ed & Jeanne Purich attended the National FCE Conference in Portland, Oregon, Program Theme - "Gathering the Roses of Life". They can share their experiences at conference. They brought back 3 new Hearth Fires and Award Certificates for 2nd place in the category of Education Award Book "Being Green". In addition MDFCE received \$300. Thanks Evelyn Ziegler who put the award book and display board together. Hear about other news from National FCE at our State Conference October 26, 27 and 28. We will have games, sales, hear from the Ocean City Mayor's Office, plus a talk with slides on "Ocean City Before Condos." We will be entertained by a country singer and a fire department speaker.

There are two positions open on the board (group I) President – elect and Vice President for Program. Let me know about any position you would like to try or be mentored into.

Continue to work with community partner and groups to expand our networking in the community. See National FCE Handbook or web site for Partners. We can get help to promote our mission on educating the public, families and youth by sharing our Programs. Obtain business cards for your County with our web site and distribute at Agricultural Fairs, Fun Days, etc.

Please contact me with any questions or comments.

Marie Moeller – President mariemoeller@yahoo.com 443-964-8315

CONFERENCE AGENDA Monday, October 26, 2009

Dinner on your own 4:00 – 6:30 PM Registration 7:00 – 9:00 PM Welcome Get Together Punch & Cookies

7:30 – 9:00 AM Breakfast

Tuesday, October 27, 2009

Purse and Book Auction begins

9:15 AM Opening, Welcome, Richard Meehan,
Ocean City Mayor
9:45 AM Keynote speaker, "Ocean City Before
Condos", Robert Stevens
11:00 AM Business Meeting
Election of Officers
12:30 PM Lunch
1:30 PM "Beading with Barbara"
2:30 PM Business Meeting Reconvenes
County Presidents' reports
3:00 PM Tea Time Break (Lobby)
3:30 PM Business Meeting Reconvenes
4:30 PM "Look Fit and Fabulous at ANY AGE"
Madeleine Greene
6:00 PM Dinner and Entertainment

Wednesday, October 28, 2008

Trudy Marie Woomer, singer

7:30 – 9:00 AM Breakfast
9:15 AM Quilt documentation DVD, Libby Wade, Barbara Perry
10:15 AM Speaker from the Fire Department
11:00 AM "The Face of Arthritis"
12:00 PM Lunch
1:15 PM Installation of Officers
1:30 PM TBA

NEWS FROM THE VICE PRESIDENT FOR PROGRAM

COME SEE BY THE SEA

People have told me that September and October are the BEST times of the year to be at the beach. That's when the real beach lovers go. And that is no wonder--the big crowds are gone, the temperature is cooler and Maryland FCE will be at Ocean City at the PERFECT time of the year for the 2009 Annual Conference.

So what can you expect to SEE BY THE SEA? Of course you will see longtime friends and meet new ones. You will see and hear about what Ocean City was like before the condos. Some of us REMEMBER that! You will see and learn about new programs from National FCE: "The Face of Arthritis" and "Look Fit and Fabulous at ANY AGE."

Expect to learn the latest news on the diagnosis and treatment of arthritis. Arthritis actually describes more than 100 different conditions that affect joints as well as other parts of the body. "Look Fit and Fabulous..." challenges us to look and feel better than we ever have. We'll SEE about that on our visit to the SEA!

In addition to all we learn at the sea we will see and hear about what Maryland FCE has accomplished in the past year. And there is a fun craft for you to learn and prepare items for the upcoming ACWW meeting in the USA.

It is not too late to register and what a bargain for a trip to the sea.

We hope to SEE YOU AT THE SEA!

Judy Pugh, Vice President for Program fdjrpugh@aol.com
410-398-4536

Resource Development Committee Purse and Book Auction at the Ocean City Conference

Purses will be numbered and in front of each purse will be a slip of paper with a starting bid of 3 dollars with 1 dollar increments, the highest bidder after the morning session on Wed, will win the bag and first pick of books. The number of books the winner can choose will be disclosed after final count.

Michele Close

HANDMADE ITEMS for ACWW

If you made bread baskets liners (\$4), collars (\$5) or jewelry cases (\$6) for the ACWW sale and would like to sell them at your meeting, please do so. Remember to send the money you collect to MDAFCE Treasurer Louise Ediger (Marked for ACWW) and we will see that the money is sent to help fund the ACWW Triennial meeting in 2010. Otherwise bring your finished products to the Annual Conference in Ocean City.

IN AND AROUND MARYLAND

ALLEGANY COUNTY

Everyone is invited to our Fall Luncheon on Monday, September 14th at the Cumberland Country Club.

10200 Country Club Road Cumberland MD 21502 (301 724-0440)

The cost is \$13.50 and it will be at noon. Send check to Connie Yates by September 4th. Connie Yates 19219 National Hwy. NW Frostburg. MD 21532

Directions to the Cumberland Country Club:

- 1. Route 68 West.
- 2. Exit 44 (Willowbrook Rd./Allegany College)
- 3. At end of exit go left to Willowbrook Road.
- 4. Continue on Willowbrook for 1/2 mile.
- 5. Make a left on Country Club Road.
- 6. Continue on Country Club Road for 1 mile.
- 7. Turn right on Carrol Boggs Road (Cumberland Country Club sign).
- 8. Continue up road 4/10 mile, passing golf course.
- 9. At the top, follow "Keep Right" sign.
- 10. Pro shop will be on the right with parking on right or left.
- 11. The "club" is the next building.
- 12. If there is no parking at the pro shop just continue past the "club" for more parking.

FREDERICK COUNTY

Frederick County FCE members are serving as judges at the various County Fairs and the State Fair. Members will be helping to assist in the booth in the Home Arts Building to hand out books to children, do demonstrations and talk about our organization. On a sad note, Johanna Stull, a former County president and active FCE member, passed away after a long illness in June. Our long time member Gerry Krantz is having some very critical health problems. Please keep Gerry in your prayers. On a brighter note, former county President, former State FCE President and current State FCE Treasurer, Louise Ediger was honored as Maryland's Heart of FCE Award Winner. Louise received a National Certificate and Pin for this honor from National FCE.

MONTGOMERY COUNTY

Montgomery County had 4 booths at the Montgomery County Fair featuring The Linus Project, "Bring Your Own Bag" (using cloth bags at the grocery store, etc.) "Talk to Your Kids about Inhalents", and "Skin Cancer - Melanoma". We gave out information about FCE and about all of our other projects.

Four members attended the National FCE meeting in Portland, Oregon. The meeting kicked off with snacks and getting reacquainted with everyone. Some of the topics of discussion were women in leadership roles, Medicare – the donut hole, arthritis, sexting and cyberbullying, and looking fit and fabulous at any age.

PRINCE GEORGE'S COUNTY May

Inspiration for this meeting is certainly worth noting, "No on can do everything but everybody can do something."

Genie Van Pelt provided a speaker from Green Tower Living by the name of Valerie Shelton. She provided excellent advice on settings for hot water heaters, ceiling fans, freezers, computers and toilet sense. It was enjoyed by everyone and a great deal of education was gained.

June

After a quick meeting in the extension office parking lot for a quick material swap to keep us busy on our projects, we proceeded to LaPlata, MD for a royal tea at The Royal Tea Room. The Royal Tea Room is located in the former rectory of Christ Episcopal Church in LaPlata, MD. The house, built in 1929, has many charming attributes, which make it perfect for a tea room. Two dining rooms and a large front porch (weather permitting) provide elegance and comfort-wonderful settings for delicious food and personalized service. A visit to the upstairs level for antiques, collectibles and other great gift ideas is a must. Their menu offers a wide variety of luncheon entrees and the tea service has been compared to some of the best European tea rooms. Sharon Adamoyurka also made everyone a tea towel with a patriot tea cup embroidered on it. We came home with happy memories, our decorated tea towels, and items from the gift shop full of goodies.

July/August

We decided to meet during the summer months this year to keep track of each other and nurture our FCE family while sharing in projects of our choice. These social sessions were usually followed by a laugh a minute luncheon sharing parts of ourselves not usually shown during meetings.

Our own ongoing projects include: pillowcases, afghans for Knights of Columbus, food for Baden Food Pantry, ACWW, FCL and Ethel Regan Scholarship Fund.

MARYLAND STATE AND COUNTY FCE'S WIN AWARDS AT NATIONAL FCE CONFERENCE

Education Award Book

Maryland FCE (Evelyn Ziegler) prepared an Education display board and report book on "Being Green" for presentation at the NAFCE conference in July. The book was awarded second place and \$300.00 was presented to MDAFCE at the conference in July.

Outstanding Unit Award

Montgomery County FCE completed all criteria to win an Outstanding Unit Award from NAFCE. Requirements included using at least four National <u>education</u> programs per year, providing two sessions of <u>leadership</u> training to members from any of the approved FCL materials, participating in one community <u>action</u> project, networking with one or more groups, participating in National FCE Week and completing the Public Relations program as outlined in the National FCE handbook.

Public Relations Report

Montgomery County and Prince George's FCE each completed the Public Relations program as outlined in the National FCE handbook. Each was recognized at the NAFCE conference.

Do Not Delay – Pay Today!

In September we return to scheduled activities and it is time for us to pay our FCE dues for 2010. All dues must be paid to club treasurers in September and forwarded to the county treasurers by October.

Every member is required to fill out a 2010 Membership Form, which is printed in this newsletter. Please tear it out and using black ink type or clearly print the information requested at the top of the page. Do not use abbreviations. Enter your 9 digit zip code and your email address. Your "Current Member I.D. #" is printed on your FCE membership card.

In the Dues box circle your membership status: individual, family or senior. Fill in the appropriate dues for county and clubs as they vary throughout the state. Total the column. *Note state dues this year include a \$1.00 per member donation toward The Associated Country Women of the World (ACWW) Triennial to be held in the USA in 2010. The last item – the Member Signature at the bottom of the page must be the signature of the individual named at the top of the page.

New Members

Note the box above the Member Signature line. Individuals who have never been affiliated with FCE should check this. At the bottom of the page add, "recruited by" and give the <u>name and address</u> of the member who introduced the new member to FCE. The member will receive a gold star pin from National FCE.

SPECIAL PRIZE – Each new member and her recruiter's name will be placed in a drawing for full registration payment for the 2010 Regional Meetings or Annual Conference (depending on which meeting is occurring that year). The more members you recruit – the more chances you will have to go to the meetings for free!

Thank you for taking the time to read through this article and for neatly and correctly filling out the 2010 Membership Form. Take the form and your check to your September meeting. If you will not be attending the meeting please mail them to your treasurer now. We need to have all of our Maryland FCE members accounted for

by September 30! Please contact me, if you have any questions.

Martha Moser, Membership Chairman 7436 Round Hill Road Frederick MD 21702 310-371-6132

ACWW REPORT

Home Protects Fragile Young

The ABWAO small home program(e) in the Nyanza province of western Kenya sets out to accommodate, support and care for mentally impaired young people and their mothers with the help of health workers use the powers of local government to give them legal protection.

In a progress report, the Children with Special needs Project (CSNP) say that one of its important aspects is bringing the children as close as possible to the local settlements. Prevention measures to reduce the likelihood of children being born with special needs are also covered.

Training is being given to parents or guardians in subjects like nutrition for the young people, basic hygiene and child development with an emphasis on their rights as citizens. CSNP works with the Ministry of Health to provide drugs for the treatment of epilepsy and also to raise awareness among around 12,000 people who live in the locality.

'The number of children with special needs is so big in the Suba West Division of the country,' the report says. 'They have unique needs that require individual attention. Inflation has become so high in Kenya that meeting targets within our budget has not been easy.'

Some are boarded at the small home that had been established, others with mothers who have received specific training and counseling.

(From the July-September 2009 issue of The Country Woman, the ACWW magazine)

People grow through experience if they meet life honesty and courageously. This is how character is built. **Eleanor Roosevelt**

PUBLIC POLICY NOTES

The Health-Care Reform bill is complicated but everyone needs to keep themselves informed as much as possible. This is what the 3 committees are thinking about when it comes to the Health Care Bill.

House Energy & Commerce Committee	Senate Health, Educ, Labor & Pensions Committee	Senate Finance Committee			
Still being negotiated	Passed July 31	Passed July 15			
Government-run insurance	**				
Yes	Yes	No			
Individual Mandate					
Individuals must purchase	Yes	Likely			
insurance or pay a penalty based on income					
based on meome					
Insurance Reforms					
Bans rejection based	Bans rejection	Likely			
on preexisting conditions					
Revenue Raisers					
Surcharge on individuals	Committee does not have	Considering imposing			
with incomes above \$280,000	authority over raising revenue	an Excise Tax on			
and families above \$350,000		Insurance Companies that sell			
		policies in excess of \$21,000 a year for family coverage			
		jour for family coverage			
Subsidies to buy Insurance					
To households earning up to	Same as the House	Likely to			
400 % of the federal poverty level		households earning up to 300% of poverty level			
Marilyn Simonds, VP for Public Po	blicy				
mjsimonds@verizon.net					
301-871-1609					



Recovering – Elaine Crow, from a fall.

Rudy Ziegler & Dave Pugh – dealing with serious illnesses.

Please keep in your prayers Jean and John Bilsky as they deal with John's ongoing situation. Sharon Adamoyurka who is having a difficult time with her diabetes and recent DVT hospitalization. Sharon's mother has Alzheimer's and both need your prayers greatly.

Our prayers are with everyone who may be going thru difficult times with this recession.





2010 MEMBERSHIP FORM ***Type or Print Clearly*** ***Do Not Abbreviate City, County, or State Street Names***

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mily Membership: (Please list)) Spo	ouse Name					
	De	pendent Chi	ld(rer	n)			
	(Ci	rcle Type o	f Mer	nbershir	o)		
Dues	<u> </u>	Individual		Family	<u></u>	Senior	
						(80+ years)	
National	\$	16.50	\$	24.50	\$	13.20	
State	\$	4.00	\$	8.00	\$	4.00	
Council/County/Parish							
Club							
	TOTAL						
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Member Signature							
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MISSION...To strengthen individuals, families, and communities through continuing education, developing leadership, and community action.

OCEAN CITY FACTS

History

Ocean City is Maryland's only coastal community, situated on a barrier island that, until the mid-1800s, was a barren place attracting only a few fishermen who came over from the mainland on small row boats. In August 1933, a violent four-day storm hit Ocean City and cut an inlet through Assateague Island, linking the ocean with the bay. Engineers made the inlet at the south end of Ocean City permanent. The inlet soon brought a new industry to Ocean City – sport fishing. In 1934, the first white marlin was caught off the coast and Ocean City claimed the title of "White Marlin Capital of the World." The once humble fishing village that covered only a few blocks of land now stretches for 10 miles.

Located in Worcester County (extreme south-eastern Maryland), Ocean City's main industries are tourism and fishing. Modern hotels and deluxe condominiums are now a part of the landscape.

Montgomery County Association for Family and Community Education 15500 Gallaudet Avenue Silver Spring Maryland 20905

Don't Forget the Maryland FCE Annual Conference

It is not too late to register for the conference and we hope to see you there. Make your check to – **Maryland FCE.** Mail your check and form (in the last newsletter). Mail check and form to:

Marian Whitman (410-768-2452)

1253 Old Dorsey Road

Harmans, MD 21077-1501

Your conference registration includes 2 nights stay at The Dunes Manor Hotel, 2800 Baltimore Ave, Ocean City and five meals. A real bargain with the \$75.00 (\$200.00 less the \$75 scholarship makes your price \$125 for a single or \$75 for a double) scholarship for FCE members staying at the hotel and attending the entire conference.

Directions - Taking Route 50 E toward Ocean City:

- Merge onto MD-90 E via the ramp on the LEFT toward OCEAN CITY.
- Turn **RIGHT** onto **COASTAL HWY/MD**-528 **S**. Continue to follow **MD**-528 **S**.
- Turn LEFT onto 28TH ST.
- Go to 2800 N BALTIMORE AVE