LOOK

SUMMER 2016

WHAT'S HAPPENING

Maryland Association for Family and Community Education, Inc. Newsletter

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All	Nominees for State Officers, Group I & II
6	10:00 AM MDAFCE Board Meeting,
	Carroll County Extension Office
1/	Flag Day

JULY

4	Happy Birthday America
14-17	NAFCE Annual Conference,
	Memphis, Tennessee

AUGUST

All	All County Associations' List of Officers
	and Committees for 2017 should be sent
	to State President

- 1 **LOOK WHAT'S HAPPENING** deadline for items to Editor
- 1 10:00 AM MAFCE Board Meeting, Prince George's County Extension Office

SEPTEMBER

All	CHARACTER COUNTS! Essay and
	Artwork Contest starts
	Collect 2017 Dues-Membership Drive
	National Literacy Month

12 10:00 AM MDAFCE Board Meeting, Anne Arundel County Extension Office

"Believe in yourself! Have faith in your abilities! Without a humble but reasonable confidence in your own powers you cannot be successful or happy".

Norman Vincent Peale

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CHARACTER COUNTS!® Contest

Emma Jillson from Carroll County was the First Place winner in Maryland for the National FCE CHARACTER COUNTS![®] Essay and Artwork Contest focusing on "Caring". She received \$50 from MDAFCE. Her contest papers were sent to National FCE for competition with other state's winners.

Check out the WEB with MDAFCE www.mdafce.org

Continue to send information and calendar updates for your web page. Send newsletters, calendars and information to Libby Wade at dunade@aol.com.

Newsletter Deadline: August 1

Send all articles, Bulletin Board items, recipes, address changes and trivia for the newsletter to:

Jean Purich, 15500 Gallaudet Ave, Silver Spring, MD 20905-4196. Please email me at jcpurich@cs.com with your information.

FROM THE PRESIDENT

The Wizarding World of FCE

Spring has sprung and Summer is right around the corner. Flowers are blooming. New growth is everywhere. We know that no matter how long or how hard the Winter is, Spring and Summer will always come.



What will you be doing? I will be outdoors, watching the grandsons play sports, planting flowers and having family picnics. I think that spending time with family is one of the most important things we can do. In this context, family is all inclusive. Its meaning is all of the people we think of as family. Friends as well as relatives are very important in our lives. We need to continually think of things we can do for them and with them. My mother loves to have me do errands with her. Not for her, but with her. It is the time we spend together that counts. Spending the entire day together. Going to the library, going to lunch at her favorite restaurant and going grocery shopping are great things for me to do with her.

When we think of others and not ourselves, we grow as human beings. We expand our worlds and hopefully the worlds of the people around us. We never know just how much our actions can impact those around us.

Libby Wade, President dunade@aol.com

301-831-8661

Bulletin Board

Speedy recovery and prayers for:

Susan Morris Montgomery County, who recently had surgery.

It is with a heavy heart that we send condolences to the family of our oldest member, Martha Breslin (Montgomery County) 100 years young, passed in April. She was also the past-president of Prince George's County FCE. She will be truly missed.

PUBLIC POLICY NOTES

Some of the many bills that were proposed and/or passed include:

- 1. The bill to punish adults who provided alcohol to people younger than 21 was weakened because they felt that it might mean jail time for college students who provide beer to friends who are underage. The bill that passed would impose jail time and higher fines only if the adult knew or should have known that an underage drinker would drive and cause serious injury or death to another individual.
- 2. Justice Reinvestment Act requires inmates who are ordered to pay restitution to set aside 25% of their inmate earnings for those payments. The bill aims to reduce Maryland's state prison population and costs by shifting nonviolent drug offenders into treatment and includes provisions for restitution and funding for victims' rights programs.
- 3. One bill to require those convicted of domestic violence offenses to turn over their guns was passed. No other progress was made to add additional gun restrictions.
- 4. A bill was passed that not all 5 year-olds would have to take a readiness test for kindergarten.
- 5. A bill passed to make it harder for companies to buy annual settlement payouts for small lump sums. This was due to the lack of paying as committed to lower economic persons.
- 6. A bill to change the Maryland state song because of words in it praising the Confederacy did not advance.
- 7. A bill was approved to expand the use of ignition locks for drunk drivers. The bill lowers the blood alcohol level at which locks are required to 0.08. Also anyone who has failed a breath-alcohol test will be required to have locks installed. This is called Noah's law.

Marilyn Simonds, VP for Public Policy mjsimonds@verizon.net 301-871-1609

CONFERENCE AND MEMBERSHIP

Your FCE State Board is busy preparing for the annual State Conference in November. There will be many interesting educational programs and new Hearth Fires. One new Hearth Fire on Obesity will talk about this growing epidemic. We will have a speaker from Frederick County Extension discuss this topic. Other Hearth Fires include one on human trafficking and one on grandparents raising grandchildren. Everyone will receive a copy.

Please plan to attend this conference. Details are elsewhere in this newsletter. This is your opportunity to learn, visit with old friends, find out what programs are successful in other counties, and just relax and enjoy yourself. In the meantime, have a great summer and appreciate nature's bounty.

If there are any members that have been a member for 50, 60, 70, 75 or more years, be sure I have their names so a certificate from NAFCE can be ordered before conference.

Evelyn M. Ziegler zieglers@comcast.net

410-465-3587

MARYLAND FCE CONFERENCE

The Annual MDAFCE Conference will be held at the Best Western Hotel, 451 WMC Drive, Westminster, MD, 21158. Frederick County



FCE will be the host the event. The dates are Tuesday 11/1 (registration and Continental breakfast will start at 8 AM, meeting at 9AM) and Wednesday 11/2. Overnight rooms are reserved at the hotel.

This will be an educational and fun conference. One of our speakers will be a Frederick County Family and Consumer Science Educator, speaking about Obesity. Other topics under consideration are Native Americans, CPR and Drug Interventions. Hear about the all new programs, Hearth Fires and updates from the National FCE July Conference.

Attend and experience the magic and fun of FCE! Meet new, former and current members.

Linda Parker, Frederick County President 410-775-7550 ellercreek2003@yahoo.com

IN AND AROUND MARYLAND

ANNE ARUNDEL COUNTY

Bees, Our Tiny Friends

We have been hearing about the reduction in numbers of the bee population for the past few years. Many people see bees as pests and grab the insecticide for fear of getting stung, but bees are very vital to our food chain. Master Gardener, John Connors, gave a presentation full of amazing details about bees at our county meeting. There has been a sharp decline in bees in recent years which is of concern not only to farmers, but should also be of concern to consumers. It was stated that one of every three bites of the food we eat is pollinated by bees.

One hive can have 50,000 bees which sounds like an incredible number until we learn that it takes pollen from 2 million flowers to make one pound of honey and that a single bee produces only one twelfth of a teaspoon of honey in his lifetime.

Products pollinated by bees support billion dollar industries. Bees pollinate grapes (wine industry), alfalfa (dairy cows), apples, almonds, berries, canola, soy, cotton, and more, all products we depend on but take for granted the important role of the lowly busy little bee.

Cell phones have been blamed for the severe drop in the bee numbers, but those studying the problem believe it may be caused by a parasite, varroa mite, insecticides, poor diet, or would you believe "stress." Maybe equipping the hives with some soothing music might help relieve the stress!

Have a relaxing and wonderful summer from the gals in Anne Arundel County. A happy summer to all.

Judith Ammenheuser jammenheuser13@verizon.net

410-761-7437

CARROLL COUNTY

Carroll County FCE held their March meeting on the 14th. Karen Baker, a volunteer for the Humane Society of Carroll County was our speaker. She brought Charles Baker, the director of the CC Humane Society with her to the meeting. She told us about what they do in the county to save the lives of the dogs and cats and other assorted animals they get every year. They also have a room now where people can come on the 1st and 3rd Wednesday and knit in a

room where cats are playing. Some of the ladies play more with the cats than they knit.

Karen also talked about a "Kitten Shower" they were having in April to get supplies for the kittens they were expecting to show up in Carroll County this spring. They find families to take the kitten litters and keep them until they are ready to be adopted. They supply the families with all the food and other supplies they will need while they are taking care of the kittens.

Leann McFadden was also at our March meeting. She came to accept the \$146 we had raised for Breast Cancer from some pins Joan Antonio had made and sold. She also told us about a Breast Cancer Rally that will be held at the Shipley Building, here in Carroll County on May 15th, the day after our May Day. Joan invited her to come back to the May Day Luncheon to remind us about the rally.

In March, we sent our winner of the CHARACTER COUNTS!® contest to the State meeting and Emma Jillson's paper won at state level. Her paper was sent to National FCE for consideration in the national contest. The Maryland entry won first place last year, so maybe Emma's paper will win this year. Emma received \$50 from the state for her entry here.

Our May Day Luncheon was held on May 12th at the Elks Club in Westminster. Joann Morley Weant was our speaker. She is the new director of the Carroll County Farm Museum. The CC Farm Museum is having their 50th Anniversary this year and she told us about how they plan to celebrate.

Even though we did not have a FCE meeting in April, some of us met to read the essays from Carroll County high school seniors who sent in applications for our two annual \$750 scholarships. We had 44 students apply for these scholarships. After reading all the papers we all agreed on one but were tied for 2 others – so this year we are giving 3 - \$750 scholarships. They go to Caroline Dangel from Liberty High School; Michelle Guldan from Westminster High School; and Emanuel Ruth from Frances Scott Key High School. Congratulations to all three of you!!

Elizabeth Heagy momheagy@yahoo.com

410-857-3388

MONTGOMERY COUNTY

Forty-five FCE members and guests attended our Spring Luncheon entitled "A Garden Party". Attendees were treated to a program about container gardening presented by Master Gardeners. After lunch we took a walk around the parking lot for our participation in "Women Walk the World".

We continue to send boxes of love and goodies to the Troops. Here is a list of <u>snacks and</u> other items needed for Treat the Troops:

Powdered Drinks Microwave Popcorn

Beef Jerky Slim Jims

Dried Fruit Snacks Blank Note Cards

Hard Wrapped Candy

Cheese and Peanut Butter Crackers Individual Packages of Nuts or Trail Mix

Crossword and Sudoku puzzles

Lots and lots of cards and letters of gratitude and encouragement for our troops.

MONETARY DONATIONS are needed to help offset high postage costs and supplies for the 35+ boxes we ship each month to our troops and service persons. The postage costs alone are running over \$700.00 per month. For more information contact:

Maddi Klein 301-774-8088 maddik@comcast.net We held two pillowcase dress sewing days in April. We completed 67 dresses that will be sent to Honduras and Nicaragua with a member's daughter on a June Mission trip.

FREDERICK COUNTY

On April 22nd, Frederick County FCE Homemaker members held their annual spring meeting. The theme "Spring Fling" was hosted by the Jefferson Homemakers Club. After the business meeting, a program on India was presented by Jeanne Purich, Montgomery County FCE. She shared slides from a trip she had taken to India with other FCE and ACWW delegates. A buffet luncheon followed. Kathryn Nicodemus led the members present in a Remembrance Service for 12 members that had died during the past year. Scrapbooks had been updated by County Clubs to highlight their efforts this past year. Club table centerpieces focused on Spring floral arrangements. Two guests from the Frederick County Extension office judged both the scrapbooks and centerpieces and awarded 1st, 2nd and 3rd prize certificates.

April's lesson at the Extension office was on Spring Garden Tips, given by Phyllis Heuerman, a

Master Gardener and FCE/Homemaker member.

May's lesson, given by Joyce Gregory and Cindy Ruwet demonstrated a craft to attendees. Most clubs will host picnics in June and not have a formal lesson.

Since most clubs take the summer off from regular monthly meetings, our next focus will be demonstrating various crafts at the Great Frederick County Fair in September.

Donna Bowles 301-473-8452 donnabowles1@comcast.net

PRINCE GEORGE'S COUNTY

Prince George's County FCE has weathered a rather cold, slow start to 2016. I figured the summer edition of this county's news report would have been busier and that we would have had more accomplished in projects to be reported on. Mother Nature and the timing of an early Easter have slowed every ones ambition to dash out and get things done! The cold weather is even slowing down getting the gardens planted! However, for the procrastinators out there (I am one), it is business as usual.

We will be doing transfers on t-shirts for ACWW's Women Walk Across the World. The emblem has undergone a change and has been appreciated by all who have seen it. Marie Moeller did a shirt in white and yellow, with the yellow showing off the emblem better. Our county is planning to have a Tea Party to raise funds for ACWW this fall. That will be the big project for us to work on this year. Marie did a program earlier on Alzheimer's/Dementia. Debbie did a program on prescription drug abuse and its impact on teens.

We had our Spring Luncheon at Ruby Tuesday's in Clinton. Nine ladies attended and it was a very relaxed fun time spent enjoying each other's company. The food was great, too!

Sue Van Slyke shared "Guidelines for a Productive Meeting" to start the year off. She is always busy with her sewing, choir, band, and attending different programs. We are glad she is our new President and that Bridget Young is the Vice President for Programs. Jean Bilsky is the new Secretary and is doing great. Summer will be here all too quickly. I hope our coming year will offer better weather and that we all stay healthy to accomplish our projects before the end of this year.

We want to remember those who have made our FCE the wonderful organization it is and these ladies were a very important part of it. We lost a beautiful person in April, Lenore Dehnel, 97, who belonged to the Adelphi Club. She really was a bright light in our membership. Our condolences go to her son, Gil, and her family. I truly miss Barbara Bowen, who passed in January. We just received the very sad news of Martha Breslin, 100, who passed away April 30. We have been lucky to have such people in our lives. These are items one would normally put in the Bulletin Board section of this newsletter, but these 3 ladies were well known to our county and we needed to honor them in our news item. God bless them and their families!

Have a great summer.

Debbie Rausch 301-498-8806 rauschda@gmail.com

Nominating Committee

The positions up for election are Presidentelect/President, Vice President for Program. Vice President for Public Policy and Secretary. If you would like to run for a position, please contact me.

Libby Wade 301-831-8661

MEMBERSHIP

Please continue to recruit new members. New members and their recruiters will have their names entered in a drawing for a free registration to the state conference in November. The recruiters' names have been sent to National FCE to receive a "Star" for each new member they asked to join. The "Stars" should be in your mailboxes soon. I encourage all FCE members to continue to invite friends and acquaintances to come to our meetings and to join MDAFCE.

Martha C. Moser, Chairman mcatmoser@aol.com 240-529-5645

ACWW News

We offer active support for a wide range of crucial development programs in rural communities.

These opportunities and programs include:

- leadership and skill training,
- nutrition and education,
- literacy and basic education (including family planning and HIV/Aids awareness), and
- small business initiatives and small-scale agricultural income-generating initiatives.

In late 2015, Project 1000 was granted funds. Since the year 1977, ACWW has distributed over £2.2 million (3,220,360.00 US dollars) in grants to some of the poorest communities on earth.

Our objectives and beliefs:

We believe in creating opportunities for women to exercise more power - through being better informed, being part of an enabling environment and having the necessary tools to carry out the changes they want.

We believe women will be empowered when they are able to make better decisions and change their own lives.

ACWW believes in empowerment of women by:

Advocacy, partnership, sharing knowledge and local activities - including UN representation, access to better information resources, funding community development projects and training programmes. ACWW is committed to raising the health and standard of living of rural women and their families. ACWW is non-sectarian, non-political, forward looking and friendly.

28th Triennial Conference, August 2016



The Triennial Conference is the most important event in the ACWW calendar, and offers members the opportunity to elect their representatives, vote on resolutions and help guide the next three years of ACWW's work.

What is Human Trafficking?

The FBI says human trafficking cases in the United States tend to fall into four different areas:

- Domestic sex trafficking of adults This involves adults who are compelled to engage in commercial sex acts, generally through force, fraud or coercion.
- Sex trafficking of international adults and children
 This involves foreign nationals who are brought into the country for the purpose of engaging in commercial sex acts.
- Forced labor This type of trafficking involves American citizens or foreign nationals who are made to perform work through force or coercion.
- Domestic servitude Trafficking of this type involves forcing or coercing citizens or foreign nationals to perform domestic work for households/families.

How Big is the Problem?

The question isn't as easy to answer as it might sound, law enforcement officials say.

The Florida Coalition Against Human Trafficking estimates there are 20.9 million people "enslaved throughout the world." The National Human Trafficking Resource Center estimates it's received 25,791 case reports since 2007. But, trying to pinpoint a set number of victims within America or even Florida or Tampa Bay just isn't simple, authorities say. "We don't know," said Florida Department of Law Enforcement Special Agent Jose A. Ramirez.

The human trafficking resource center, which serves as a clearinghouse for tips, has fielded 7,272 calls from Florida since 2007, resulting in 1,907 cases. Most cases of human trafficking are developed through informants or citizen tips. Law enforcement would rather investigate a tip and find out that it's not human trafficking than not receive a tip that may have helped them recover a victim or victims.

When and Where to Report Suspicions

Anytime someone sees something that just doesn't look or feel right, it might be worth calling in a tip. In some cases, human trafficking victims can be very hard to identify – especially since many don't see themselves as victims. Authorities should be notified any time a citizen sees something that concerns them. Human trafficking related tips can be called into local law enforcement agencies directly. The National Human Trafficking Resource Center also has a 24-hour-a-day hotline available at 1-888-373-7888.

Maryland FCE Annual Conference 2016 Tuesday, November 1st – Wednesday, November 2nd, 2016 Best Western Hotel, 451 WMC Drive, Westminster, MD, 21158 Phone: 410-857-1900

Please print or type (complete form for each person attending).

500 Pearson Circle, Apt 2007, Frederick, MD 21702

Name:	Clas	ssification	(check all that apply)		
Address:			CE Member		
			ast State President		
		State Officer			
County:			ounty Officer		
Phone:			Time Attendee		
Roommate(s):		Guest			
		E-	-mail Address (PLEASE)		
Full Conference Registration (Reg Includes: Educational materials/spe			M, meeting starts at 9AM)		
2 breakfasts (11/1, 11/2 included with	h room stay). 2 lunches (11	/1 & 11/2) 1 dinner (11/1)		
(check here) POSTMARKED BY:	• / /	/1 & 11/2 _,	October 1 – October 15		
(check here) I OSI WARKED DI.	FCE Member Schola	arshin	FCE Member Scholarship		
Single Room	\$ 200.00 less \$ 25.00 = \$		\$ 210.00 less \$ 25.00 = \$ 185.00		
Double Room	\$ 150.00 less \$ 25.00 = \$		\$ 160.00 less \$ 25.00 = \$ 135.00		
Triple Room	\$ 140.00 less \$ 25.00 = \$		\$ 145.00 less \$ 25.00 = \$ 120.00		
Quad Room	\$ 135.00 less \$ 25.00 = \$		\$ 140.00 less \$ 25.00 = \$ 115.00		
Dietary restrictions (list)					
Handicapped room needed YES	NO (pleas	se circle)			
Commuter Registration:	-				
2-day Commuter Educa	tional materials/speakers,				
1 breakfast (11/1), 2 lunches (11/1 &	<u>*</u>				
, , , , , , , , , , , , , , , , , , , ,	\$ 105.00		\$ 115.00		
Tuesday only 11/1 Educat	ional materials/speakers, 1 bre	eakfast, 1 li	unch. 1 dinner		
	\$ 80.00		\$ 90.00		
Wednesday only 11/1 Ed	ucational materials/speakers, 1	lunch	φ		
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If you are staying at the hotel either You pay the hotel directly but we wi			•		
Make check payable to – Maryland Mail check and form to:	,	Maol com			

NO REFUNDS OF ANY MONEY. YOU MUST FIND YOUR OWN REPLACEMENT IF YOU CANNOT ATTEND.

Direction to Annual Conference Best Western Hotel

451 WMC Drive, Westminster, MD, 21158

Phone: 410-857-1900

Tuesday, November 1st and Wednesday, November 2nd, 2016

From East and South:

Take 32 west to Route 140 east, the BEST WESTERN Westminster Catering and Conference Center will be on your right-hand side.

From the North or West:

Take 97 south to Route 140 West and the BEST WESTERN Westminster Catering and Conference Center will be on your left-hand side just past Route 31.



Maryland Association for Family and Community Education 15500 Gallaudet Avenue **Silver Spring Maryland 20905**

