FALL 2017

LOOK

WHAT'S HAPPENING

Maryland Association for Family and Community Education, Inc. Newsletter

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	Best Western, Westminster Maryland		

OCTOBER

8-14	National FCE Week
15	Rural Women's Day
	W 11D 1D

World Food Day

15-21 CHARACTER COUNTS!® Week

NOVEMBER

1 LOOK WHAT'S HAPPENING
deadline for items to Editor
County Membership Dues to Martha
Moser, Membership Chairman

6 10:00 AM Maryland FCE Board Meeting?, Anne Arundel Extension Office

19-25 National Family Week

DECEMBER

- 1 State Dues/Membership Forms to NAFCE
- 4 10:00 AM Maryland FCE Board Meeting, Montgomery County Extension Office
- 31 Counties' Annual reports due to Vice President for Program;
 Membership Appreciation Award due to Vice President for Program

MARYLAND FCE ANNUAL CONFERENCE

Registration form in Summer issue of "Look What's Happening". See driving directions on pg 8.

CHARACTER COUNTS!® Contest for 2017-2018

Citizenship, the sixth pillar of character, is this year's focus. Contact your schools (county presidents have the information) and encourage them to participate in the FCE essay and artwork contest from September 1, 2017 to January 31, 2018. Send winning entries to the state president by March 1, 2018.

MDFCE Web Site is www.mdafce.org

Send new officer's list, newsletters, calendars and information to Libby Wade at dunade@aol.com.

Newsletter Deadline: November 1

Send all articles, Bulletin Board items, address changes and trivia for the newsletter to: Jean Purich, 15500 Gallaudet Ave, Silver Spring, MD 20905-4196 or email at jcpurich@cs.com.



FROM THE PRESIDENT

During the summer, it seems that we are constantly on the go. With the warm summer weather, we go to the pool. We have picnics. We travel on vacations to see other parts of the country and the world. But when the fall comes and the leaves start



turning, it is time to slow down. A great quote to remember is by Elizabeth Lawrence: "Even if something is left undone, everyone must take time to sit still and watch the leaves turn". So please sit on the porch and enjoy watching the world go by and see the everyday pleasures of life.

This years' Annual Conference will feature some great programs for you including: "Fashions for the Mature Figure, Are You a Sugar Addict?, Aging in Place, What Are Your Medications Telling You, Achieving Wellness During All Seasons of Life, The Constitution", and information about your hearing. Bring a large plain-colored t-shirt (one that you don't mind cutting) and a pair of fabric scissors with you for the craft. Also, if you have a dress, blouse, skirt, or pants, etc. that you just don't like or think it doesn't look good on you - bring it along. Judy Williamson who is speaking on "Fashions for the Mature Figure" will give you some hints on how to make it more flattering for you.

We will also be electing a President-elect, a Vice President for Program, and a Secretary. Please consider applying for one of these positions. All of the Board will be more than willing to help you out in these positions. We have not scared off anyone who has volunteered for any of these jobs.

I will again put a plug in for recruiting new members. I know we have a lot to offer our membership through our newsletters, informative programs and our annual conference.

Libby Wade, President dunade@aol.com

301-831-8661

NEWS FROM THE VICE PRESIDENT FOR PROGRAM

I was fortunate to be able to attend the National FCE Conference in Omaha, Nebraska this past July. I find the conference very addictive. If you go once, you will want to go again, not only for the wonderful and informative programs, but you will make new friends and want to go every year to "catch up" with them and find out what is going on in their lives. You will also likely get new ideas of projects for your home club to try.

The same is true of the annual State Conference. The state education committee is working very hard to present programs which will both educate and inspire you. Some of these programs, such as "Are You a Sugar Addict?" and "What Are Your Medications Telling You" which were presented at the National Conference will be presented to you. There will be a speaker on the US Constitution and one on hearing loss - aproblem most of us have as we grow older. And a program on "Fit and Fashion for the Mature Figure" will help us decide what to wear to look our best. There will also be a fun and easy craft – also borrowed from the National Conference! As always, there will be a basket raffle, good food and a chance to see old friends and make new friends! So if you haven't come to a conference in a while – or at all – why don't you give it a try?

The education committee wants to present the programs you want to hear, so please help us out by suggesting what you would like. You can see me at the conference or e-mail me anytime.

Sue Van Slyke okgunfight@aol.com

301-630-3918.

NEWS FROM THE VICE PRESIDENT FOR PUBLIC POLICY

AARP had an article about Ringless Voicemails showing up on your voicemail without the phone ringing to tell you there was a call. The creator of the technology, (Ringless Voicemail Service Provider), has put a proposal before the FCC to officially allow these voicemails which can be used by telemarketers to leave messages on your voicemail and they don't have to be initiated by a phone call. They could

fill up your mail box and keep you from receiving important messages. The creator of this technology wants the FCC to allow this service by changing the Consumer Protection Laws which restrict telemarketers by the Opt-out Laws that allow people to be on a Do Not Call List (DNC). If there are no rings, there is no phone call, therefore the service is exempt from the restrictions of the DNC list. The public is invited to comment on this proposal to the FCC. As there is no way now to block spam (unwanted voicemails) on your phone, like there is a spam filter on your computer, this issue invites public comment on this proposed change that will cause much grief to the consumer already inundated with unwanted "tele-marketeering".

In an article by Luis Gomez, in the L. A. Times, the RAISE Act, Reforming American Immigration for a Strong Economy, was discussed in which the Trump administration plans to make immigration based on merit and cut green card awards in half. A Senate proposal wants to reform the current system which focuses on relatives joining their families in America. The Senate proposal would cut the number of green cards in half and base their awarding on the job skills useful to the US, on the English speaking skills of the applicant, and would eliminate the lottery system that awards green cards randomly to a percentage of applicants. The proposed changes would dramatically impact refugees. Canada was cited as focusing so strongly on tech workers from Silicon Valley, that it discriminated against disabled children. Australia was also criticized for accepting a low number of refugees, erecting barriers for acquiring citizenship, and making it harder for skilled workers to find work in Australia. Immigration has been a "hot potato" topic during all of our short history as a nation. The most recent was the DACA Program (Deferred Action for Childhood Arrivals, 2012) and the DAPA Program (Deferred Action for Parents of Americans and Lawful Permanent Residents, 2014) under President Obama. President Reagan's 1986 Immigration Reform & Control Act granted legal status to millions of unauthorized immigrants. The author of the article cited it as the biggest amnesty program, so far. How will all this play out? The antiimmigrant feelings and emotional environment being created in this country since the last

election, has opened doors that have released long buried bigotry, racism, and violent flashbacks seen in Charlottesville. How we define ourselves as Americans and the descendants of all the immigrants that came here for a new life for themselves and their children, will determine if we can rise above all the things which divide us and seek that which unites. The Civil War, which sought to destroy our fragile experiment in democracy and freedom, is still being fought amongst the many diverse groups trying to define America in one, set, narrow mold. Anyone who would say that history is something about a dead, uninteresting past, does not understand that history is a living thing, involving real people, that connects that past to the present and is created anew by those living it now. We truly need the peacemakers and calm heads to bring our country into the light of civility, respect, and the promise of The American Dream.

Debra Rausch, VP for Public Policy rauschda@gmail.com 301-498-8806

Resource Development Committee Basket Sales

The Resource Development Committee is holding a basket sale at the state conference. Each county will provide two smaller baskets, as opposed to the large baskets we have had in the past. The theme of the baskets available for auction will be: Tea and

Chocolate (Carroll), Wine and Cheese (Frederick), Relaxation and Fun (Montgomery), Mystery (Prince George's).

Montgomery County will also have tickets available for a Noah's Ark Afghan. The winner of the afghan will be drawn on October 8.

Thank you for your support!

Linda Parker, RDC Chairman ellecreek2003@yahoo.com 301-898-9222

YOU ARE INVITED TO THE MARYLAND FCE ANNUAL CONFERENCE

Montgomery County FCE cordially invites all FCE members and friends to attend the Annual Conference on Monday September 25th and Tuesday, September 26th at the Best Western Hotel in Westminster, MD. **IT IS NOT TOO LATE TO REGISTER.** Registration for the conference begins at 9:30 AM (meeting starts at 10 AM) followed by two fun filled days of informative programs.

The programs include: "Achieving Wellness During all Seasons of Life" by Chiropractor, Angela Marick; "The US Constitution" by Richard O'Conner, retired lawyer; "Are you a Sugar Addict?" will address the types of sugar and hidden sugars in your food; drug interaction with other drugs, over the counter products and with food will be discussed, and "Fashions for the Mature Figure" by Judy Williamson, retired CES Educator. Bring a piece of clothing that you don't like how it looks on you or you are just not happy with and Judy will try to give ideas to improve the look that is right for you. Also bring a large white or plain-colored t-shirt (and a pair of scissors) that you don't mind cutting up. You will make a vest out of it. There will be basket sales and a Noah's Ark Afghan. In between, we will do a little exercising and visiting. Bruce Hutton will entertains us on Monday evening with folk songs as he plays several instruments. There IS something for everyone.

So save September 25th and 26th to have some fun with Maryland FCE. We are all looking forward to meeting old friends and making new ones.

Jean Purich jcpurich@cs.com

301-384-2805

IN AND AROUND MARYLAND

CARROLL COUNTY

In August 14th Carroll County had their fall meeting. We had 16 members at the meeting and they all paid their dues. We had a discussion about

National FCE wanting the extra \$7 for insurance and most members voted to pay the \$7 with their dues. So \$105 was collected that will go to National FCE along with our dues. We also collected \$10.50 for Pennies for Friendship. I will be sending forms to the other members – so our dues can go into the State by the November 1st deadline. We do not have another meeting before then. Our next meeting is November 13th and it will be our Pot Luck luncheon.

Our program at the August meeting was on Carroll County's Native Americans. Barbara Miles presented the program. Her father did talks on Carroll County's Native Americans for many years and she would help him. She was able to bring many artifacts with her that he had collected in Carroll County. Barbara's granddaughter, Katie Radney, helped her present the artifacts. Most were made of stone and were very heavy. Barbara also had many arrow heads collected along the Carroll County streams. It seems Carroll County did not have tribes living here but many tribes came through Carroll County on their way to other places. When they came through they would stay for weeks or months and then move on.

Our August meeting was our picnic. We served hot dogs, rolls, baked beans, salad, fruit and deserts, plus ice tea and lemonade!! And what is a picnic without ice cream to top it all off.

September 25th & 26th is our MAFCE Annual meeting and Carroll County has nine members coming to that event!!! (Congratulations and can another county top that?)

Elizabeth Heagy momheagy@yahoo.com

410-857-3388

FREDERICK COUNTY

Frederick County FCE Homemakers Clubs will hold their Fall Annual Meeting on September 12th at the 4-H Center on Basford Road. The first part of the meeting will be a Board of Directors meeting, followed by an interesting program about Eagles and Native Birds by Karen Lippy. Attendees will be able to purchase donated items from the "Friendship Table" before and after the business meeting and program. Proceeds from the table will be used to support our future educational activities. A potluck meal will follow.

Most clubs have signed up to demonstrate various crafts at the Great Frederick Fair the week of September 18th. There will be a children's book give-away on Tuesday, September 19th. A planning committee is in the process of determining the presentations for the Spring and Fall county meetings and the monthly lessons for next year.

Plans are already in the works for our Holiday Activity on Tuesday December 5th at the Homewood Lodge. The Gambrill Park and Urbana clubs will co-host this event.

Donna Bowles 301-473-8452 donnabowels1@comcast.net

MONTGOMERY COUNTY

Montgomery County presented four booths at the Montgomery County Fair featuring "FCE Blanket Making", "Look–a–Likes; Prevent Accidental Poisonings", "Summer Pet Safety", and "Don't Dump, Donate". We distributed information about FCE, FCE programs, troop support and blanket making.

One member attended the National FCE Meeting in Omaha, Nebraska. The meeting kicked off with introduction of the national board and the state presidents. Some of the topics of discussion were "Character Begins at Home, Being Your Best Everyday, Aging in Place", technology and the effect on the family, medication interactions and hidden sugar in your foods.

We are getting ready for the Harvest Festival held at the Agricultural History Farm Park on October 7th. We sell handmade items, crafts and baked goods to raise money for scholarships.

Jeanne Purich 301-384-2805 jcpurich@cs.com

PRINCE GEORGE'S COUNTY

August was our busy month, with our hosting of the MAFCE Board Meeting and providing lunch afterwards. The meeting consisted of information from the NAFCE Convention attended by Jeanne Purich and Sue Van Slyke. Discussion of the upcoming state conference on September 25/26, theme baskets for fundraising, new Hearth Fires and FCL programs introduced at

National, and other business was conducted. Luncheon was enjoyed with cold cuts, rolls, lettuce, tomatoes, homemade squash and cucumber refrigerator pickles, chocolate squash cake, glutenfree banana muffins, a cheese tray, drinks, and coffee. It rained cats and dogs, but was a very enjoyable day with the ladies. Margie George, Marie Moeller, Sue Van Slyke, Frances Fullwood, and Debra Rausch attended from the PCCAFCE Club, which wasn't a bad turnout with member illnesses running strong this year!

It has been a hard year for our membership. We lost Glenna Burgess, and Margie's loving husband, A. T. George, went home to the Lord. Brigitte Young moved to Florida and Sharon Adamoyurka is still recuperating from her illness. Barbara Marsh's son is facing more challenges, Debbie Rausch's husband is recuperating and adjusting to the after effects of stroke, Sue Van Slyke is mending from a hip replacement and pneumonia, and Marie Moeller is adjusting to her grandchild graduating and making his way into the challenging world of today's fractured society. Our prayers and wishes for the rest of the year are hoping for better times and healing for all involved.

With the events that have been occurring both here and abroad, may the peacemakers and children of this world carry forth a stronger voice for respect, love, and brotherhood, rather than the voices of hate, bigotry, and violence. One can see why the kingdom of God must be seen through the eyes of the child that is deep within us all. We must pray for that child to win out.

Debra Rausch, Treasurer, PGCAFCE rauschda@gmail.com 301-498-8806

HUGGING IS HEALTHY

It helps the body's immune system. It cures depression.

It reduces stress.

It's rejuvenating.

It has no unpleasant side effects.

It is all natural, it contains no chemicals, artificial ingredients, no pesticides, and no preservatives! Hugging is practically perfect.

There are no parts to break down, no monthly payments, non-taxable, non-polluting, and of course...It's fully returnable!

Do Not Delay - Pay Today!

In September we return to scheduled activities and it is time for us to pay our FCE dues for 2018. All dues must be paid to club treasurers in September and forwarded to the county treasurers by October.

Every member is required to fill out a 2018 Membership Form. The 2018 membership form is printed in this newsletter. Please tear it out and using black ink clearly print or type the information requested at the top of the page. Do not use abbreviations. Enter your 9 digit zip code and your E-mail address. Your current member I.D. # is printed on your FCE Membership Card.

Please note that in the dues box there is a Youth Category. It is for someone who is 18 or under whose parent is not a member and the young person wants to be a member of FCE.

In the dues box circle your membership status: individual, family, senior, or youth. Fill in the appropriate dues for your county and your club as they vary throughout the state. Total the column*.

The last item – the Member Signature at the bottom of the page must be the signature of the individual named at the top of the page.

New Members

Note the box above the Member Signature line. This should be checked by <u>individuals who</u> have never been affiliated with FCE. At the bottom of the page add "recruited by" and give the name and address of the member who introduced the new member to FCE.

SPECIAL PRIZE – Each new member and her recruiter's name will be placed in a drawing for full registration payment for the 2018 Maryland FCE Annual Conference. The more members you recruit – the more chances you will have to go to the meeting for free!

Thank you for taking the time to read through this article and for neatly and correctly filling out the 2018 Membership Form. Take the form and your check to your September meeting. If you will not be attending the meeting, please mail them to your treasurer now. We need to have all of our Maryland FCE members accounted for

by September 30! Please contact me, if you have any questions.

Martha Moser, Membership Chairman 500 Pearson Circle #2007 Frederick, MD 21702 mcatmoser@aol.com 240-651-1531

*National FCE Donation

You will note on your membership form a new line that is indicated as <u>NAFCE donation</u> (\$7.00 suggested). What does this mean?

National FCE is asking each state to help with the cost of liability insurance that National FCE pays annually. This insurance covers nonmembers that attend state, county and club FCE functions, it allows for FCE groups to meet in public places, and covers things like illness due to food preparation (i.e. bake sales), falls, faulty equipment, etc. Any club, county or state can request an insurance certificate to cover their function. The total cost of the liability insurance is \$21,000 per year. NAFCE is negotiating with other insurance companies for a lower rate. By having a national insurance policy, all of us (at the state, county and club level) save a significant amount of money. So any amount that you wish to donate will be greatly appreciated. If you have any questions, I would be happy to discuss it with you.

Jeanne Purich

NAFCE Program Coordinator (2015-2017) jcpurich@cs.com 301-384-2805

Bulletin Board

PGCAFCE members are coping. Sharon Adamoyurka is recovering from her illness. Barbara Marsh is caring for her son, who has had a recent setback. Sue is working through her hip replacement. Margie George lost her beloved husband, A. T. Debbie Rausch is learning patience as a helpmate for her husband, dealing with the changes to the lifestyle that occur when one partner is dealt with a stroke.!

Ed Purich, Montgomery County is recovering (nicely) from knee replacement.





2018 Membership Form ***Type or Print Clearly in ink*** ***Do Not Abbreviate City, County, Street or State Names***

Dale	Date Current Member ID#		Email			
First Name M.I		M.I	Last Name			
Mailing Addr	ess					
City			State Maryland Zip Code+4			
		Coun	unty of Residence			
Club Name _	Club Name		Club County			
Family Meml	bership: (Please list) Sp					
	Depend	ent Child(ren)				
				Senior	Youth	
	Dues	Individual	Family	(80+ years)	18 and under	
	National	\$ 20.00	\$ 30.00	\$16.50	\$ 5.00	
	State	3.50	7.00	3.50		
(Council/County/Parish					
	Club					
	NAFCE Donation for Liability Insurance (Suggested \$7.00)					
	Total					

Mission...To strengthen individuals, families, and communities through continuing education, developing leadership, and community action.

Directions to Annual Conference

Best Western Hotel 451 WMC Drive, Westminster, MD, 21158 Phone: 410-857-1900 November 1 and 2, 2016

From East and South:

Take 32 west to Route 140 east, the BEST WESTERN Westminster Catering and Conference Center will be on your right-hand side.

From the North or West:

Take 97 south to Route 140 West and the BEST WESTERN Westminster Catering and Conference Center will be on your left-hand side just past Route 31.



Maryland Association for Family and Community Education 15500 Gallaudet Avenue Silver Spring Maryland 20905



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