

ANNE ARUNDEL ASSOCIATION FOR FAMILY & COMMUNITY EDUCATION

Newsletter

SEPTEMBER - OCTOBER 2012



Dear Members,

UPCOMING EVENTS

It is hard to believe how quickly summer went. This was a hot one and I had very little energy to do more than I had to. . My son built a nice porch on our deck that required a lot of trips to Lowe's. That kept me pretty busy. We are enjoying it very much.

The MAFCE Board has been preparing for the Regional meetings in October. There will be some new programs and fun activities. It is interesting to see what our neighboring counties are doing and visit with the members.

Mike Ensor, Horticulture expert, will present a program for us on September 7th. What a great way to start our FCE year!

- Sept. 3 Labor Day
7 *Meeting - Pgm. Mike Ensor
9 Grandparents Day
22 First day of autumn
- Oct. 5 *Meeting- Pgm. Naeemah Raqib
8 Columbus Day
17 Region I Conference, Elks Club, Westminster, - MD
25 Region II Conference, Knights of Columbus, College Park, MD.
31 Halloween

*Meetings will be held at the Univ. of MD. Office in the County Office" Bldg., Glen Burnie, at 10:00 a.m. Bring a sandwich; dessert and beverage-will be furnished.

* * *

On October 5th, Family and Consumer Science Educator, Naeemah Raqib, will be our guest speaker. We look forward to her program.

Hope to see everyone in September.

Thelma Gore
President

FROM THE TREASURER

COUPONS FOR MILITARY

Time to pay dues again in September. Annual dues are as follows:

Individual:

National	\$19.00
State	3.50
County	<u>4.50</u>
Total:	\$27.00

Family:

National	\$26.50
State	7.00
County	<u>9.00</u>
Total:	\$42.50

Senior: (80+)

National	\$15.80
State	3.50
County	<u>4.50</u>
Total:	\$23.80

On the membership form, please remember: to not abbreviate county, city, street, etc. Please sign at the bottom of the form.

Bring your form and dues to the September 7th meeting. Checks to be made out to AAAFCE. Thank you! (or mail to Susan)

Susann Streeter
2 Lexington Road
Harmans, MD 21077

Tel: 410-595-5782

* * *

Membership form is page 7.

We are collecting manufacture coupons for military personnel overseas. Our base we donate to is in Japan. They can use coupons 6 months past expiration - but we have to cut, sort, tally, and count them.

We will take coupons dated no later than 2 months back. For example, if giving to us in September, no older than July. They are mailed once a month.

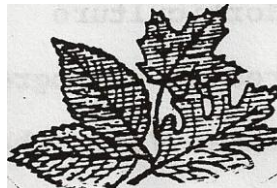
It helps if they are sorted by food, non-food, health & beauty, pet, toys, and rebates. No store coupons such as Target, Safeway, or BJ Make sure expiration date can be read.

From March 2012 until July 2012, we have sent 11,634 coupons valued at \$19,186.00.

If you wish to donate coupons, they can be given to any AAAFCE member or mailed to:

Susann Streeter
2 Lexington Road
Harmans, MD 21077

* * *



HYDROGEN PEROXIDE

Hydrogen peroxide is used by every hospital and emergency room in the country for its remarkable ability to kill deadly germs.

Hydrogen peroxide mixed with a pinch of this or that can do wonders.

Treat athlete's foot

Clear up allergies and sinus problems.

Fight colds and flu

Soothe sore throats

Help heal boils and skin infections.

Help heal cold sores and canker sores

Soothe sore feet

Relieve ear aches

Soothe muscle aches.

Kill germs on kitchen counters and surfaces

Sterilize dishes, cups, and kitchen utensils

Make a powerful scouring powder that works wonders on kitchen sinks, refrigerators and ovens.

Disinfect and deodorize coffee makers, tea pots, blenders, and food processors.

Sanitize wood cutting boards and wooden spoons.

Clean out and disinfect clogged drains.

Eliminate nastiness from toilet bowls, bath tubs, showers, and shower curtains. .

Sterilize and purify toothbrushes and denture.

Clean and disinfect pet stains.

Disinfect diapers, pacifiers and baby toys.

Remove wine, ink, and blood stains from clothing, carpets and furniture.

Boost laundry detergent power and restore brightness and color to fabrics.

Streak-free-clean your windows and mirrors.

And I'm sure there are many other uses.

* ** *



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RECIPES

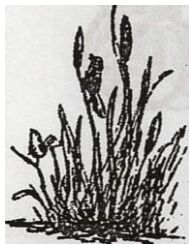
EASY CHICKEN AND ONION BAKE

(N. Dugan)

(Ann Fishell)

- 1 9-oz. package frozen small onions with cream sauce cubes.
- 1 can condensed cream of chicken soup
- 1 tbsp. snipped parsley
- 1/2 tsp. poultry seasoning
- 2 1/2 to 3 pound broiler-fryer cut up

Thaw the package of frozen onions. Place chicken pieces, skin side up, in 12x7 1/2x2 inch baking dish. In mixing bowl, stir together the thawed onions, cream of chicken soup, parsley, and poultry seasoning till sauce is nearly smooth. Spoon over chicken. Cover and bake in 350⁰ oven about 1 hour or til chicken is tender. Stir sauce mixture before serving. Sprinkle baked casserole with paprika. Serve with mashed Potatoes, if desired. Makes 4 servings.



KOOL AID PIE

(M. Brandt)

(Ann Fishell)

- 1 Ready Graham Cracker Crust
- 1 14-oz. can condensed milk
- 2 pkg. orange Kool Aid
- 1 small tub Cool Whip
- 1 can mandarin oranges

Mix milk with Kool Aid. Fold in Cool Whip. Pour in the pie shell.

Drain oranges and pat dry with paper towel. Arrange on top of pie. Refrigerate at least one hour.

BUTTER PECAN CAKE

(Gini McKenzie)

- 1 box Butter Pecan Cake Mix
- 4 eggs
- 1 cup milk
- 2/3 cup oil
- 1 can Coconut-Pecan Frosting

Beat altogether (including the frosting). Pour into a greased/floured bundt pan. Bake at 350⁰ F for an hour, give or take. Dust with powdered sugar to serve.

The recipe says 1 hour, 10 minutes, I found mine was overdone in 1 hour! Betty Crocker Butter Pecan Cake mix can be found sometimes at Walmart. The frosting is the kind you put on German Chocolate cake.

CHICKEN and APPLE SALAD

(Terry Serio)
(Ann Fishell)

- 3 red or green apples
- 3 tbsp. orange juice
- 3/4 cup reduced fat mayonnaise
- 3/4 cup chopped walnuts
- 1 cup golden raisins (or dried~
cranberries)
- 2 tsp. curry powder
(Optional)
- 2 stalks celery
- 1/2 sweet onion chopped
- 2 cooked chicken breasts,
chopped

Wash apples, remove cores and chop with the peel on.

Toss the chopped apples with orange juice.

Add the mayonnaise to the apples and fold in the nuts, raisins, curry powder, celery, onion, and chicken.

Refrigerate for at least 1 hour before serving.

*Extension Educator, Carroll Cty.

* * *



The West Texas farmer had been taken so many times by the local car dealer that when the dealer wanted to buy a cow, the farmer priced it to him like this:

Basic cow	\$ 200
Two-tone exterior	\$ 45
Extra stomach	\$ 75
Product storage compartment	\$ 60
Dispensing device, Four spigots @ \$10 ea.	\$ 40
Genuine cowhide upholstery	\$ 25
Dual horns	\$ 15
Automatic fly swatter	\$ 35
.....	\$595

(Shared by M. Whitman)

BITS and PIECES

The oldest cake!

The Willis Museum in Basingstoke, England is home to what is believed to be the oldest complete wedding cake in the world. The cake was made in 1898 and still holds its shape, though it's browned with age. Topped with a floral display, its only flaw is a crack in the icing caused by a bomb blast during the second World War. A syringe inserted into the cake revealed the center to be moist. The cake was donated to the museum by the daughter of the baker, who had made it and displayed it in his bakery shop window.

Leg Cramps in bed at night!!!

Place a bar/cake of soap in bed under the bottom sheet. When you have a cramp, rub your leg over the soap. Presto, cramp is gone!

When you go out on a rainy day taking an umbrella with you, and you reach your destination with a dripping umbrella... What to do!! Take a plastic bag with you that the newspaper comes in. then you can put your dripping umbrella in it.

You spent the time to make delicious gravy to top off a fabulous meal. Now, there's left-over gravy. What to do? Freeze it in ice cube trays. When it's frozen, put the gravy cubes in a plastic bag. It takes up less space, and when you need a little gravy for a potato or anything, you can take out what you need.

* * *

APRONS UNVEILED

"Apron" can refer to many things, including the part of a boxing ring that extends past the ropes and the part of a stage that extends in front of the curtain. But the aprons we're focusing on in this puzzle are those worn to protect clothing.

- | | | |
|--|--------------------------------------|---------------------------------|
| <input checked="" type="checkbox"/> BAKING | <input type="checkbox"/> SLEEVELESS | <input type="checkbox"/> STYLE |
| <input type="checkbox"/> BARBECUE | <input type="checkbox"/> SNAPS | <input type="checkbox"/> TIE |
| <input type="checkbox"/> BUTTONS | <input type="checkbox"/> STENCILED | <input type="checkbox"/> WAIST |
| <input type="checkbox"/> CHEF | <input type="checkbox"/> STITCHING | <input type="checkbox"/> WAITER |
| <input type="checkbox"/> CHORES | <input type="checkbox"/> STORE | <input type="checkbox"/> WEAR |
| <input type="checkbox"/> CLEANING | <input type="checkbox"/> STRINGS | <input type="checkbox"/> WORKER |
| <input type="checkbox"/> COOKING | | |
| <input type="checkbox"/> COTTON | T K I T C H E N O T T O C D Y | |
| <input type="checkbox"/> COVER | B U T T O N S P A N S B R E T | |
| <input type="checkbox"/> DENIM | A Z G T O Y R O T C A F G N C | |
| <input type="checkbox"/> DURABLE | K D N N K Y L L I R F N E I E | |
| <input type="checkbox"/> EMBROIDERED | I S I D I P B Y B T I M L M T | |
| <input type="checkbox"/> FACTORY | N T N E N H W E A R R A B L O | |
| <input type="checkbox"/> FRILLY | G R A L G Y C S E A O R A V R | |
| <input type="checkbox"/> GARMENT | U I E I W U T T G E O E R B P | |
| <input type="checkbox"/> HOME | C N L C E Y T E I I M V U R R | |
| <input type="checkbox"/> KITCHEN | H G C N L E O R D T Y O D I I | |
| <input type="checkbox"/> LETTERING | O S S E L E V E E L S C H A N | |
| <input type="checkbox"/> MEAL | R E S T A U R A N T O I H G T | |
| <input type="checkbox"/> POCKETS | E Z I S T E K C O P I C A E C | |
| <input type="checkbox"/> POLYESTER | S M D I D K G R Y W E A W W F | |
| <input type="checkbox"/> PRINT | H E B Z I G E R E K R O W E Y | |
| <input type="checkbox"/> PROTECT | | |
| <input type="checkbox"/> RESTAURANT | | |
| <input type="checkbox"/> ROOMY | | |
| <input type="checkbox"/> SIZE | | |



2013 Membership Form

Type or Print Clearly in ink

Do Not Abbreviate City, County, or State Street Names

Date. _____ Current Member ID!!,# _____ Email _____
 First Name _____ M.I. _____ Last Name _____
 Mailing Address _____
 City _____ State _____ Zip code+4 _____
 Phone No. _____ County of Residence _____
 Club Name _____ Club County _____

Family Membership: (Please list) Spouse Name _____
 Dependent Child(ren) _____

	Dues	Regular,	Family	Senior (80+ years)
National	\$	19.00	\$ 26.50	\$ 15.80
State		3.50	7.00	3.50
Council/County/Parish		4.50	9.00	4.50
Club				
Total		27.00	42.50	23.80

Sign and send with total membership dues to Club Treasurer by _____

New Member (Never belonged to FCE before)

MemberSignature _____
 Must be original signature, copies will not be accepted

Mission ... To strengthen individuals, families, and communities through continuing education, developing leadership, and community action.