



ANNE ARUNDEL ASSOCIATION  
FOR FAMILY & COMMUNITY EDUCATION

*Newsletter*

SEPTEMBER - OCTOBER 2015

Hello friends,

It is time once again to gather to reinvigorate our FCE lives! I hope you have had a restful if not cool, summer. Aren't the Maryland tomatoes the best?

We have some exciting activities ahead. On Monday, September 21, Norma Dugan will share her knowledge of Giant Food Pea Pod grocery delivery with us. Unless you have used a grocery delivery service, you may be curious about this service. Norma will have all of the answers I'm sure, drawing from her own experience. We will also prepare our basket for the October state conference at this meeting. Also, Sue will have information on membership dues for the coming year.

Because the MDFCE state conference is on October 13 and 14, we have decided to dispense with our AAAFCE October meeting. Those of us attending will surely return with a basketful of ideas to share with you for the coming year.

See you in September!

Virginia McKenzie



University of Maryland Extension programs are open to all citizens and will not discriminate against anyone because of race, age, sex, color, sexual orientation, physical or mental disability, religion, ancestry, or national origin, marital status, genetic information, or political affiliation, or gender identity and expression.

FROM THE TREASURER

Yes, it is time to pay dues again  
in September. Annual dues are as  
follows:

Individual:

National	\$20.00
State	3.50
County	4.50
Total:	\$28.00

Family:

National	\$30.00
State	7.00
County	9.00
Total:	\$46.00

Senior: (80+)

National	\$10.50
State	3.50
County	4.50
Total:	\$24.50

On the membership form, please  
remember: to not abbreviate  
county, city, street, etc.  
Please sign at the bottom of  
the form

Bring your form and dues to  
the September meeting. Checks  
are to be made out to AAPCE.  
Thank you! ( or mail to Susan) \*

Susan Streeter  
2 Lexington Road  
Harmans, MD 21077

tel: 410-595-5782

\* \* \*

membership form is page 7

IN MEMORIAM

"Gene" Crabtree died  
May 17, 2015. She was Anne  
Arundel County President  
1982 - 1984.

Elizabeth Hildt, Brooklyn  
Park, died June 17, 2015. She  
was Anne Arundel County President  
1990-1992.

\* \* \*



**Paula Deen's Orange Brownies**

1 ½ C flour            2 C sugar  
1 tsp. salt            1 C (2 sticks butter). Softened  
4 large eggs           2 tsp. pure orange extract  
1 tsp. orange zest

**Glaze**

1 C powdered sugar  
2 T fresh orange juice

Preheat oven to 350 F. Grease 13 x 9 in. pan

In a mixing bowl, mix butter, eggs, orange extract and orange zest. Add flour, salt & sugar. Beat with hand held mixer until well blended.

Pour batter into prepared pan and bake for 30 min. or until lightly brown and set. Remove from oven and pierce top of entire cake with a skewer.

Glaze: Combine juice & P. sugar, add more juice if needed. Pour glaze over cake. Cool cake and cut in to squares.

## Sally Craze's Pulled Chicken

adapted by Gini McKenzie

### Ingredients:

12 - 16 oz. of your favorite BBQ sauce, bottled or homemade  
Ground ginger to taste  
Garlic powder to taste  
one onion minced  
6 - 8 Boneless chicken breasts

In a baking pan spread half of your favorite BBQ sauce, bottled or homemade. Sprinkle finely minced onion, ground ginger, and garlic powder to taste over sauce. Place boneless chicken breasts in a single layer on top of onions and sauce. Pour the remaining BBQ sauce over chicken. Cover and seal pan with tin foil. Bake at 350° F for one (1) hour. Let cool a bit, then shred chicken with two forks. You may need to add or subtract BBQ sauce to taste.

..... Serve on rolls with additional BBQ sauce if desired. This is also good topped with coleslaw.

This recipe is merely a guide. You can add your favorite spices, but remember that the BBQ sauce will be salty, so proceed cautiously with salt.

# Wax Paper

It's kitchen magic.

1

## Unstick pages

If you've accidentally spilled water on a book, separate the damaged pages with pieces of wax paper, then close the book. As it dries, the wax paper wicks away moisture and prevents wrinkles.

2

## Revive your can opener

Fold a small sheet of wax paper in half, then place it between the blades of a can opener and crank the handle a few times. The wax lubricates the blades so they glide along the edge of a can.

3

## Polish metal

Keep kitchen and bathroom fixtures shiny by rubbing them with wax paper. The wax will remove water and oil so you're not left with spots or fingerprints.

4

## Stop a leaky faucet

Put an end to a drippy sink with this quick fix: Unscrew the aerator, wrap a thin strip of wax paper around the exposed threading, then replace the aerator. This will help fill the gaps on the threads and stop water from leaking through the connection.

5

## Preserve paint

Put a wax paper circle directly under the brush before you place it in the can as a thick layer of wax paper prevents the brush from forming a top. This will ensure the brush is fully covered in paint when you need it again.

## DID YOU KNOW?

Wax paper is microwave-safe! It allows moisture to escape so your food doesn't come out soggy.

EMERGENCY: Call 1-800-4-A-FOOD for more information. Save lives. Call 911. For more information, visit [www.foodsafety.gov](http://www.foodsafety.gov).

This Word Seek shows some patriotic flair with the items mentioned in the list below. All are things that are or can be either red, white, or blue.

- |                                    |  |                                     |
|------------------------------------|--|-------------------------------------|
| <input type="checkbox"/> APPLE     | <input type="checkbox"/> CLOUD         | <input type="checkbox"/> GOOSE      |
| <input type="checkbox"/> BARN      | <input type="checkbox"/> COTTON BALL   | <input type="checkbox"/> JEANS      |
| <input type="checkbox"/> BLUEBELL  | <input type="checkbox"/> CREAM         | <input type="checkbox"/> LADYBUG    |
| <input type="checkbox"/> BLUEBERRY | <input type="checkbox"/> DOVE          | <input type="checkbox"/> MAIL BOX   |
| <input type="checkbox"/> BLUE JAY  | <input type="checkbox"/> FIRE ENGINE   | <input type="checkbox"/> MILK       |
| <input type="checkbox"/> BRICK     | <input type="checkbox"/> FLOUR         | <input type="checkbox"/> PAPER      |
| <input type="checkbox"/> CHERRY    | <input type="checkbox"/> FORGET-ME-NOT | <input type="checkbox"/> POLAR BEAR |

R T S P J K O B Y R R E H C H	<input type="checkbox"/> RADISH
A O R W E T K L R N R U A M A	<input type="checkbox"/> RICE
D N W U A S K U R A P P O Y I	<input type="checkbox"/> SAPPHIRE
I E S M N N C E E B P A I L K	<input type="checkbox"/> SKY
S M O I S D I B B L Y I P X F	<input type="checkbox"/> SNOW
H T V P F I R E E N G I N E J	<input type="checkbox"/> STOP SIGN
T E R N R A B L U E J A Y B R	<input type="checkbox"/> STRAW-BERRY
T G B A L I S L L G O O S E I	<input type="checkbox"/> SWAN
X R U O W L L A B N O T T O C	<input type="checkbox"/> TOMATO
U O P B C B X H P N O G A W X	<input type="checkbox"/> WAGON
G F B R Y D E M X P P V O O U	
M F E L U D O R S S H N R D H	
J A L O I G A I R K S I G O E	
M I L K O A G L I Y C C R V U	
P C A M A N M X W E T H I E D	

